

# ASHINGTON SKC MAY NEWSLETTER

May 2012 News

## Free Competition Training Wednesday 6<sup>th</sup> June

We are holding a free competition training session at Ashington YMCA on Wednesday 6<sup>th</sup> June 10am-12pm with Sensei Jill Kelly and assistant instructors. This is a good opportunity for anyone wishing to compete for the first time to learn competition rules and etiquette, but also for established competitors to practice their own kata, kumite and team events. It is highly advised that anyone wishing to compete at Sunderland attends this training.

## Karate on the Beach 2012 Sunday 10<sup>th</sup> June

This year our popular sponsored Karate on the Beach event will be held on Sunday 10<sup>th</sup> of June at Blyth Beach. Please add your names to the sheet on the desk on Saturday mornings if you wish to take part.

## 3<sup>rd</sup> Sunderland Championships Sunday 1<sup>st</sup> July

This local competition is great for junior students wishing to start competing as well as our established competitors. This year all entries will be paid for out of committee funds. Please see any committee member or sensei if you wish to participate or require any further information regarding the competition.

## Congratulations Philip!

Both Sensei Trish and myself were at Kendal last weekend to see Philip Campbell achieve his Black belt. He put in a really good all round performance, and for once lost his usual cool and laid back demeanour to show lots of vigour and courage in the all aspects of the grading. The standard of karate at Kendal was good - and although the percentage of passes appeared to be 50%, many of these passes were students retaking the exam several times, bringing the average for first time passes down to the usual 25%. We expect Philip to continue to develop his karate along these very positive lines, and enjoy his training as a black belt. Well done Philip! - Sensei Jill Kelly

*Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address.*

*In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.*

*For more information about the club news, events and photos please visit the club website at [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)*

## IMPORTANT NEWS: Change of Venue

Due to YMCA closure on 7<sup>th</sup> July the class will now be held at Ashington Leisure Centre on that date. Also note that this date is the same day as the Youth Championships in Chesterfield.

## Committee Requests

We are looking for a volunteer to run our club's Facebook page. The volunteer must be a senior grade and be able to update the news as it arrives. Also, please can students return old club jackets that no longer fit them? Please note that Sensei Jill Kelly runs a class at Mowbray First School on a Thursday 6:00-7:15. This is an excellent class for new starters



*Philip Campbell pictured with Sensei Frank Brennan, 7<sup>th</sup> Dan and Sensei Andy Sherry, 8<sup>th</sup> Dan*

**Well done to all Students who achieved 100% attendance on Saturday mornings and Thursday evenings in May.**

**(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)**

## Mock Grading Saturday 30<sup>th</sup> June

Our next mock grading will be held on Saturday 30<sup>th</sup> June. Please make sure that you arrive at the YMCA early to sign in and that your licence is in date.

## Forthcoming Karate Events

**Tuesday 12<sup>th</sup> June 2012**

**Training with Sensei Frank Brennan**  
Sendai Newcastle - Eldon Square Newcastle upon Tyne  
Training Time - 6.30pm - 8.00pm (All Grades)

**Sunday 1<sup>st</sup> July 2012**

**3<sup>rd</sup> Sunderland Karate Championships**  
City Space Sports Centre, Sunderland

**Saturday 7<sup>th</sup> July 2012**

**KUGB National Youth Championships**  
Queen's Park Sports Centre, Chesterfield

**6<sup>th</sup>-10<sup>th</sup> August 2012**

**Lancaster Summer Camp, Lancaster University**

## Car Wash

### Saturday 26<sup>th</sup> May

Thank you to everyone who helped with the car wash on Saturday 26<sup>th</sup> May, we raised £121. This will help towards entry fees for the Sunderland Competition.

Sensei Jill and Sensei Trish will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month.

*Can you please return it at the end of the month so it can be awarded to another student next month?*

**The student to receive this award for May is:**

**Francis Diosolan**

# STUDENT PROFILE MAY

## DANIEL LUMB

May 2012 Student Profile – Daniel Lumb

**How old are you?**

17

**How old were you when you started karate?**

7

**What is your current grade?**

2<sup>nd</sup> Dan Black Belt

**How long have you trained at Ashington Karate Club?**

4 Years

**What inspired you to start karate?**

I saw an advert, so I thought I would come along and have a go.

**How many hours per week do you train both in and out of the dojo?**

4-5

**What is your order of preference – Kihon/Kata/Kumite?**

Kumite, Kata, Kihon

**What is your favourite Kumite technique?**

Kura Tsuki (over the top punch)

**What is your favourite Kata?**

Gojushiho Sho

**Who is your favourite competitor – past or present?**

Sensei Randy Williams

**Do you have a goal in karate?**

To achieve as much as I possibly can.

**What are your best competition results?**

2<sup>nd</sup> Children's Team Kata, National Championships

1<sup>st</sup> Children's Team Kata, Northern Regions

2<sup>nd</sup> Boys Kata, Shotokan Cup

3<sup>rd</sup> 14-15 Kumite, Grand Slam

**What is your best karate moment?**

Achieving my black belt.

**What is your favourite food?**

Pizza

**What is your favourite film/who is your favourite film star and why?**

Green Street, because I love fighting, and Bruce Lee, because he's awesome.

**What is your favourite TV program?**

Family Guy

**What is your musical influence?**

Blink-182

**What is your favourite holiday destination?**

Crow's Nest, Filey

**What is your ambition in life?**

Record Producer

**Who inspires you?**

My parents, family and friends.

