



# Ashington Karate Club

## December Newsletter

### December 2013 News

#### Grading Results

Congratulations to all students who graded with Sensei Brennan on Sunday 15<sup>th</sup> December. Results below:

Olaf Zieba	9 <sup>th</sup> Kyu	Orange
Ben Farrier		
Evie Ackroyd		
Abigail Murray	8 <sup>th</sup> Kyu	Red
Morgan Richardson		
Gabriel Torres	7 <sup>th</sup> Kyu	Yellow
Shay Louise Boden		
Louis Parsons		
Laura Brown		
Harrison Gent		
Evan Young	6 <sup>th</sup> Kyu	Green
Jamie Armstrong		
Christopher Denham	5 <sup>th</sup> Kyu	Purple
James DeVera		
Ethan Cook	4 <sup>th</sup> Kyu	Purple & White
Ralph Ticman		
Nathan Lillico	3 <sup>rd</sup> Kyu	Brown
Bethany Day		
Francis Diosalan	2 <sup>nd</sup> Kyu	Brown & White
Luke Davis		

#### KUGB Charity 2014 – DEBRA

[www.debra.org.uk](http://www.debra.org.uk)

At last year's AGM which Sensei Jill attends on behalf of our club, she nominated the above charity as the KUGB charity for 2014.

This was unanimously agreed at the AGM. There is already a leaflet on the notice board at Mowbray First School. Please go to their website ([www.debra.org.uk](http://www.debra.org.uk)) for more information.

To start with there will be two fundraising training sessions at Sensei Newcastle on Tuesday 8<sup>th</sup> April and Tuesday 4<sup>th</sup> November. The training is for everybody in the 6:30pm-8:00pm session, and black and brown belts only in the 8:00pm-8:45pm session. These dates have been chosen because 8<sup>th</sup> April is only two weeks away from the Special Dan Course and three weeks away from the KUGB National Championships! The 4<sup>th</sup> November date precedes a black and brown belt grading and free course at Sunderland on the 9<sup>th</sup> November, and our club grading with Sensei Brennan is only some 5 weeks away!

The normal price of training is £8 for both sessions, but the cost on these two dates will be £10 – £2 of which will be going towards the DEBRA charity. Please do your best to attend these sessions, as Sensei Brennan is aware of the course and competitions near to these dates and will tailor his teaching on these nights to give maximum benefit to those training. The full list of Sensei Brennan's Newcastle dates will be added to the events page on our website soon.

#### Morrisons Morpeth Bag Pack and Final Wish Token Collection

Thank you to all who helped out at our bag pack on 28<sup>th</sup> December 2013. We raised a total of £778!

Also thank you to those of you who have collected Wish Tokens from the Evening Chronicle over the past few months. Please hand them in as soon as possible, if you have not already, so we can send them off and receive our share of the cash pot.

#### Forthcoming Karate Events

**Sunday 9<sup>th</sup> February**

**KUGB Northern Region Course & AGM**

Time & Venue TBA  
Sunderland

**Tuesday 11<sup>th</sup> February**

**Training with Sensei Frank Brennan**

Eldon Square, Newcastle  
6:30pm-8:00pm (all grades)  
8:00pm-8:45pm (brown and black belts)

**Sunday 2<sup>nd</sup> March**

**KUGB Northern Region Kumite Development**

**Squad Tryouts**

Time & Venue TBA  
Leeds

**Website:** [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)

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**Facebook:** [www.facebook.com/AshingtonShotokanKarateClub](http://www.facebook.com/AshingtonShotokanKarateClub)

**Twitter:** [www.twitter.com/Ashington\\_Skc](http://www.twitter.com/Ashington_Skc)

#### STUDENT OF THE MONTH

There is no student of the month for December due to the Christmas break.



The next student of the month will be announced at the beginning of next month.

Student of the month trophies sponsored by Sensei Keith and Joe Wood.

**MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE**