



Ashington Karate Club

October Newsletter

October 2013 News

Can you all please remember to get your card stamped every session, as before giving you permission to grade, Sensei Jill will check your cards to make sure you have good enough attendance.

KUGB Northern Regions 2013

Congratulations to all members of Ashington Karate Club who competed in the KUGB Northern Region Championships at Sunderland on 26th October 2013. The standard was very high, and we finished with some fantastic results:

Niamh Duddridge - Semi-Finalist, Children's Dan Grade Kata
 Gemma Gibson - Semi Finalist, Children's Dan Grade Kata
 Kyle Duddridge - Semi Finalist, Male Dan Grade Kata
 Dylan Gibson - Semi Finalist, Male Dan Grade Kata
 Maya Burns - 3rd, Children's Dan Grade Kata
 Maya Burns - 3rd, Girls Kumite 5'3" and Over
 Gemma Gibson - 2nd, Girls Kumite Under 5'3"
 Ashington (Kyle Duddridge, Alex Ralph, Dylan Gibson) - 2nd, Adults Team Kata

Seahouses Competition 2013

The 25th annual Seahouses U15 Karate Championships will be held at Seahouses Social Club on 10th November 2013. The competition is small and is for Under-15s, which means that it is a great experience for brand new competitors. The competition has developed many world-class competitors, and most of our club's own competitors also started as Seahouses. We encourage our all of juniors to attend this competition, which is now in its 25th year!

Please remember to check at the registration desk that we hold an up to date telephone and e-mail address. In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

Forthcoming Karate Events

Sunday 10th November

25th Seahouses Karate Championships

Seahouses Social Club
 NE68 7TR

Tuesday 12th November

Training with Sensei Frank Brennan

Eldon Square, Newcastle
 6:30pm-8:00pm (all grades)
 8:00pm-8:45pm (black and brown belts)

Saturday 30th November

Christmas Party and Presentation Evening

Ashington & Ellington Social Club
 Tickets now on sale

Sunday 15th December

Training and Grading with Sensei Frank Brennan

Willowburn Sports Centre
 10:30am-12:15pm (green belts and above)
 2:30pm-4:00pm (white-yellow belts)

MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE

Dan Grading Results – October 2013

On 5th October 2013, Sensei Jill Kelly and Sensei Ian Willis travelled to Bath, where they successfully passed their 6th Dan grading! There are less than 20 6th Dans in the country, and Sensei Jill is only the second woman to achieve this grade.

On 12th October, Alex Ralph and Maya Burns both passed their 2nd Dan on first attempt, and Jake Pickering and Kieran Constantino both passed their 1st Dan.

A message from Sensei Jill: "This month has been a great one for Ashington Students! Ashington Instructors Sensei Jill and Sensei Ian started the ball rolling with being awarded their 6th Dan at the senior Dan grading in Bath - BUT four of our students excelled themselves at Willowburn Sports Centre this Saturday 12th October by passing Shodan and Nidan! Jake Pickering and Keiran Constantino passed Shodan and Alex Ralph and Maya Burns both passed Nidan! They will all know the intense relief and pride felt when a Dan Grading is achieved. Truly there is nothing like it. Sensei Brennan said to me "Anybody can win the Lottery but not everyone can pass a Dan Grading!" He is right of course! Well Done everyone..Sensei Jill"

Committee News

Easy Fundraising: Please remember to use Easy Fundraising through the link on our website when buying your Christmas presents, as a small percentage of your purchase will be donated to our club at no cost to yourself.

Donations: Please help us with our first prize food hamper by donating items of food from the list on the desk on Saturday mornings. Please take a look around your homes for any unwanted gifts or items you no longer need and give them to any committee member for our tombola stall at the Christmas party.

Bag Packs: We are lucky to have been granted a fundraising bag pack at Morrisons Morpeth on Saturday 28th December 2013.

Please come along and help us raise funds for the club. Please arrive for your allocated times, and make sure you wear both your gi (suit) and club jacket so the customers know who they will be supporting. We will also have a bag pack at Ashington Iceland in November/December, date to be arranged, and letters to follow.

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/Ashington_Skc

YouTube: www.youtube.com/user/ashingtonKUGB

STUDENT OF THE MONTH

The student to receive this award for October is:



Kieran Constantino



Student of the month trophies sponsored by Sensei Keith.