



ASHINGTON KARATE CLUB

JANUARY NEWSLETTER

Sensei Jill Kelly, 6th Dan

JANUARY 2017 NEWS

Sensei Trish Bruce, 5th Dan



www.ashingtonshotokankarate.co.uk



enquiries@ashingtonshotokankarate.co.uk



@AshingtonShotokanKarateClub



@AshingtonNKA



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MARCH 2017 GRADING

Our Grading with Sensei Andy Sherry on Sunday 26th March 2017 will be held at Josephine Butler Campus. Full details can be found on the back of the newsletter.

Please note that the grading takes place in a different hall to where we train on Thursdays. You must use the side entrance to the school rather than the main entrance.

The clocks also move forward the day of the grading, so be prepared for this so you do not end up late!

The mock grading for those hoping to grade will be held on Saturday 11th March at Ashington Leisure Centre.

TRAINING WITH SENSEI BRENNAN

Throughout the year, Sensei Brennan teaches numerous classes at Newcastle Sendai Karate Club, based at Eldon Leisure. These local classes are a fantastic opportunity for our members to train with a senior KUGB instructor. All dates can be found on our website.

We especially encourage those grading for their black belt in March to attend the class on 21st March to get some last-minute training in before they grade at the weekend!

KUGB RAFFLE TICKETS

Every two years the KUGB holds a raffle to raise funds to take the KUGB Teams to the World and European Championships. This year the World Championships are in Italy and the Europeans in Portugal. We have been provided with a large number of tickets to sell. If anyone could help sell these tickets, please speak to Sensei Jill. Tickets are £1 each and in books of 20. 1st prize is £1000, 2nd is £500, 3rd is £250 and 4th is £125.

KUGB ENGLAND SQUAD SELECTIONS

Congratulations to Dylan Gibson, Niamh Duddridge and Gemma Gibson, who were all reselected onto the KUGB England Squad for 2017.

Dylan was selected onto the kata squad for his sixth consecutive year, Gemma was selected onto the kumite squad for her fourth year and Niamh was selected onto both squads for her fourth year.



JANUARY BONUS BALL WINNERS:

07/01/2017: Jacqueline Brown (35)

14/01/2017: Emma Brown (28)

21/01/2017: Karen Baird (19)

28/01/2017: Cheryl Bell (8)

STUDENT OF THE MONTH:

JOEL POLLARD



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

JAMIE ARMSTRONG
NICOLA BUTLER
THOMAS BUTLER
THOMAS DAVISON
DANIEL JACKSON
LENNON McCULLOCH
JESSICA PEEL
CHARLOTTE REASON
RUBY RICHES
EVAN YOUNG

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 6th-Friday 11th August 2017
KUGB Summer Residential Course
Lancaster University

If anyone is interested in attending this week-long course in the summer, please let Sensei Jill know.

2017 Grading Dates:
Sunday 26th March 2017
Sunday 16th July 2017
Sunday 17th December 2017
Venues to be confirmed.

Visit the Events page on our website ashingtonshotokankarate.co.uk for more events throughout 2017.



NORTHUMBERLAND KARATE ACADEMY

TRAINING AND GRADING

Sunday 26th March

SENSEI ANDY SHERRY, 9th DAN

Josephine Butler Campus

INSTRUCTOR: Sensei Andy Sherry, 9th Dan

DATE: Sunday 26th March 2017

LOCATION: Josephine Butler Campus,
Northumberland Church of England Academy
Ashington, Northumberland
NE63 9RX

CONTACT:

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TRAINING:

10:30am-12:00pm – Green Belts and Above
Grading to follow after a short break.

2:00pm-3:15pm – White-Yellow Belts
Grading to follow shortly afterwards.

COSTS:

Training and Grading – **£25.00**

Training Only – **£10.00**

NOTE: No Training, No Grading

IMPORTANT NOTICE: Do not forget the
clocks go forward this day!

NEXT GRADINGS:

16th July 2017 / 17th December 2017



**WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE, BUT
IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS DUE!
IF YOUR LICENCE IS NOT RENEWED YOU WILL NOT BE ABLE TO GRADE**



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