



Ashington Karate Club August Newsletter

August 2013 News

Training and Grading 14th July 2013

Congratulations to everyone who graded on 14th July with Sensei Frank Brennan. Here is a list of results:

Hannah Brown – 9th Kyu – Orange Belt
 Morgan Richardson – 9th Kyu – Orange Belt
 Gabby Torres – 8th Kyu – Red Belt
 Harrison Gent – 8th Kyu – Red Belt
 Shay Boden – 8th Kyu – Red Belt
 Mackenzie Summers – 8th Kyu – Red Belt
 Laura Brown – 8th Kyu – Red Belt
 Jamie Armstrong – 7th Kyu – Yellow Belt
 Evan Young – 7th Kyu – Yellow Belt
 Christopher Denham – 6th Kyu – Green Belt
 James DeVera – 6th Kyu – Green Belt
 Ethan Cook – 5th Kyu – Purple Belt
 Ralph Ticman – 5th Kyu – Purple Belt
 Nathan Lillico – 4th Kyu – Purple/white Belt
 Jay Scott – 3rd Kyu – Brown Belt
 Alex Rutherford – 3rd Kyu – Brown Belt
 Francis Diosolan – 3rd Kyu – Brown Belt
 Ray Cobbledick – 1st Kyu – Brown/2 white Belt
 James Metcalf – 1st Kyu – Brown/2 white Belt



Goodbye and Good Luck Dan Smart

Ashington Karate Club would like to say goodbye to Dan Smart, one of our senior and most respected students, who has been training since he was 7. Dan leaves to start his university life at Loughborough in September. He will be missed by all at the club, as not only has he been an excellent role model for the junior students at the club, he has been a good overall karateka, participating in many competitions and often took sessions when Sensei Jill couldn't. We wish him all the success he deserves both in his Chemical Engineering Course and in his future chosen career. Hopefully Dan will train with Ashington Karate Club when he returns home during holidays, as he will always be welcome at the club. Also congratulations to Sarah Clow, who has been accepted into Northumbria University for a Course in Physio Therapy. Sarah will still train at Ashington Karate Club as often as her busy course allows her to, as her university is closer to home.



Lancaster Karate Camp – Congratulations Louie!

This year, 10 students from Ashington Karate Club travelled down to Lancaster University to attend the KUGB Summer Camp. All students trained hard and with a good attitude throughout the entire five-day course and thoroughly enjoyed the experience and the fun times outside of the actual karate training! We already have the brochure for the 2014 summer camp, so those who haven't been, speak to those who have and get it put in your diary now!

Louie Cummings passed his black belt grading at the first attempt - this is very rare throughout the country as the first time pass rate is under 25%. All his instructors are delighted that he has attained the coveted black belt, not only doing well on the day, but he has trained consistently hard and with an excellent attitude at all times. We look forward to further successes amongst our brown belts later in the year.

Forthcoming Karate Events

Saturday 14th September KUGB Shotokan Cup 2013

Queen's Park Sports Centre, Chesterfield
(Brown and Black Belts only)

Tuesday 17th September

Training with Sensei Frank Brennan
Eldon Square, Newcastle
6:30pm-8:00pm (All Grades)

Saturday 28th and Sunday 29th September WSKA World Shotokan Karate Championships

Echo Arena, Liverpool
Day Ticket £25, Both Days £40

Saturday 12th October

KUGB Free Black and Brown Belt Course
Willowburn Sports Centre, Alnwick

Please remember to check at the registration desk that we hold an up to date telephone and e-mail address.

In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

Website: ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/Ashington_Skc

YouTube: www.youtube.com/user/ashingtonKUGB

THERE WILL BE NO STUDENT OF THE MONTH FOR AUGUST

The student of the month for September will be presented at the beginning of next month.



Student of the month trophies sponsored by Sensei Keith.

MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE