



# Ashington Karate Club

## March Newsletter

March 2015 News

**Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.**

### **IMPORTANT: Venue Change 2<sup>nd</sup> May**

Due to a short notice cancellation by the YMCA, the class on **Saturday 2<sup>nd</sup> May** will take place at **Ashington Leisure Centre**. A blanket email and text was sent out regarding this change. If you did not receive this, please check that we have your up to date contact details.

### **March Grading**

#### **Results on the website**

March saw us hold our first grading at the Josephine Butler Campus, part of the Northumberland Church of England Academy. We hope you all enjoyed the new venue. The facilities are very good and once we have made a few 'tweaks' to the timetable for the day I am sure we will enjoy training here.

We expect that everyone does their best to attend and support the club Gradings, and that applies to 1st Kyus and Black Belts, who obviously are not having to grade in this club grading anymore! It is extremely expensive to bring the best of the country's instructors to teach and grade at our clubs. Please support the club – just go and enjoy the training without the pressure of grading! Remember it is Sensei Sherry that will be grading you in future black belt gradings and Sensei Brennan is one of the two national coaches, so if you have any aspirations to be on the national squad you couldn't be training with two more influential Instructors! Well done to all of my Graders. The etiquette was good and many of you performed very well. Just remember that the harder you train, the easier you grade!

The results from the grading can be found on the 'News' page of our website and there are many photographs from the day on our Facebook page.

### **Easter Raffle**

Thank you to everyone who bought or sold tickets for our Easter raffle. We raised a profit of £55, which has been added to the club account.

### **Forthcoming Karate Events**

**Sunday 12<sup>th</sup> April**

**Training with Sensei John James Bruce, 5<sup>th</sup> Dan and Sensei Holly Sterling, 4<sup>th</sup> Dan**  
*Lakeside Sports Centre, Killingworth*

**Tuesday 28<sup>th</sup> April**

**Training with Sensei Frank Brennan, 7<sup>th</sup> Dan**  
*Eldon Leisure, Newcastle*

**Saturday 2<sup>nd</sup> May**

**KUGB National Championships 2015**  
*NIA, Birmingham*

**Saturday 30<sup>th</sup> May**

**KUGB Liverpool Youth Championships**  
*Firefit Sports Centre, Toxteth*

**TIMES FOR THESE EVENTS CAN BE FOUND ON OUR WEBSITE**

### **Congratulations Tyler!**

Many congratulations to Tyler Campbell, who passed Shodan (1st Dan Black Belt) at Cowdenbeath in Scotland under the watchful eye of Sensei Sherry, the chief Instructor of the KUGB.

Tyler has stuck relentlessly at the task of obtaining this Dan grade and we are all very proud of her!



### **John Talbot Funding 2015**

Congratulations to Dylan Gibson, Niamh Duddridge and Gemma Gibson who received £200 funding each from of the Ashington Leisure Partnership. Look out for an article in the News Post Leader and the Evening Chronicle.

### **Sunderland Karate Championships 2015**

#### **Sunday 7<sup>th</sup> June 2015 – City Space**

This is a very popular competition for students and spectators with categories for all grades. We like to encourage our students to try to attend this competition as one of the only local competitions in the area. In the past we have had good results from both junior grades and senior grades from our club. Some students enter to gain further experience for future competition, while some just enjoy the whole experience and some use it as preparation towards black belt grading.

**Website:** [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)

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**Facebook:** [www.facebook.com/AshingtonShotokanKarateClub](http://www.facebook.com/AshingtonShotokanKarateClub)

**Twitter:** [www.twitter.com/AshingtonNKA](http://www.twitter.com/AshingtonNKA)

### **MONTHLY AWARDS – March 2015**

#### **Student of the Month:**

**Tyler Campbell**



#### **Attendance of the Month:**

Tyler Campbell

Thomas Fitzpatrick

Billy Jobson

Louis Parsons

Morgan Richardson

Olaf Zieba

***Can you please return the trophies at the end of the month so they can be awarded to another student at the beginning of the following month?***

Student of the Month trophies sponsored by Keith Burns and Joe Wood.