



# Ashington Karate Club

## January Newsletter

January 2013 News

Can you all please remember to get your card stamped every session, as before giving you permission to grade, Sensei Jill will check your cards to make sure you have good enough attendance.

### Congratulations Kyle!

Well done to Kyle Duddridge, who successfully made the KUGB England Junior Kumite Squad after travelling down to Liverpool last Saturday. This is a tremendous achievement and we are all proud of Kyle!

A message from Sensei Jill:

*"We are delighted to announce that at Saturdays annual Kumite squad selections at the Red Triangle in Liverpool Kyle Duddridge was invited onto the KUGB National Junior kumite Squad. He will have performed well to satisfy the senior Sensei that he has the potential to improve. This is what the Instructors are looking for - Potential. Well done Kyle it is good to have Ashington members making their mark on the National team once more.*

*Over the past few years we have had some very good Ashington members invited onto the Squad - both Kata and Kumite, before they moved on to University -opened their own club-or changed location, but it is good to see the tradition being carried on by our new up and coming students such as Kyle and Dylan - For those who could be interested in trying out for the Squads you need to be 1st Kyu minimum grade - aged 14 years or over and be recommended by your club instructor personally."*



### Forthcoming Karate Events

**Tuesday 12<sup>th</sup> February**

**Training with Sensei Frank Brennan**

Eldon Leisure, Newcastle

6:30pm-8:00pm (All Grades)

8:00pm-9:00pm (Brown and Black Belts Only)

**Sunday 3<sup>rd</sup> March**

**KUGB Northern Region Course & AGM**

Southwick Primary School, Sunderland

10:30am-11:45am (First Session)

12:00pm-1:15pm (Second Session)

### KUGB Northern Region Course & AGM

**Sunday 3<sup>rd</sup> March 2013**

The KUGB Northern Region Course will be held on the 3<sup>rd</sup> March this year at Southwick Primary School, Sunderland. It is highly recommended that as many of our members as possible attend this course, as it is a great opportunity to attend an official KUGB regional course and train with some of the most experienced instructors in the country. The session will be split in two, the times of which are at 10:30am-11:45am for the first session and 12:00pm-1:15pm for the second. After the course is over, the KUGB hold their annual Northern Region AGM. Sensei Jill will be attending this course and asks that if there is anything you would like to see happen in the Northern Region, tell her so she can mention it at the AGM.

### **IMPORTANT: Contact Details**

As most of you are aware, the session at the YMCA two weeks back was cancelled due to the severe weather conditions. We sent out text messages and emails to all who had supplied these details and hopefully nobody turned up to the session. To help in the future, we would appreciate if all students have their mobile and email contact details with their name written on a piece of paper to hand in to the person taking the register or an instructor to enable us to inform you of any changes in future sessions. It would also be helpful if the emails/text messages are acknowledged to confirm you have received the message. We ask every month for you to do this, but we still don't have up to date information for many students!

### **Kyu Grading: 24<sup>th</sup> March**

On 24<sup>th</sup> March, we will be holding our club Kyu Grading with Sensei Andy Sherry, 8<sup>th</sup> Dan and chief instructor of the KUGB. The black belt class will be a special kata masterclass focusing on the katas Gojushiho Dai and Unsu, and the times of the sessions have changed from previous gradings. There is a poster for the grading on the back of this newsletter, so please make sure you look at it to find out the full details on the classes.

***Please remember to check at the registration desk that we hold an up to date telephone and e-mail address. In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.***

**Due to the class being on Christmas break and classes being cancelled, there will be no student of the month for January.**

**TURN OVER FOR DETAILS ON THE GRADING ON 24<sup>th</sup> MARCH.**

**Website:** [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)

**Facebook:** [www.facebook.com/AshingtonShotokanKarateClub](http://www.facebook.com/AshingtonShotokanKarateClub)

**Twitter:** [www.twitter.com/Ashington\\_Skc](http://www.twitter.com/Ashington_Skc)

**YouTube:** [www.youtube.com/user/ashingtonKUGB](http://www.youtube.com/user/ashingtonKUGB)



**ASHINGTON SHOTOKAN KARATE CLUB**  
**COURSE AND GRADING**

**Instructor:** Sensei Andy Sherry 8th Dan

**Date:** 24<sup>th</sup> March 2013

**Venue:** Willowburn Sports Centre. Alnwick

**Times:** 10am – 12 noon Special two hour kata course

**Black belts only. Katas Gojoshiho Dai and Unsu**

12.45 -2.15 Brown belts and Kyu grades Course

**2.30pm – GRADING**

ANTICIPATED FINISH TIME 5PM

**Cost: Training & Grading: £21.00 - Training only (no grading) £10.00**

**NO TRAINING - NO GRADING** (Current Licence Essential)

**For further information:**

Sensei Ian Willis 5<sup>th</sup> DAN Tel: 01670 523219 or 07710 790643

Sensei Jill Kelly 5th DAN Tel: 01670 505843 or 07930 324556

**NEXT GRADING DATES:** 14<sup>th</sup> July 2013.

**KUGB**   
**SHOTOKAN KARATE**

**Certificates & Belts available:** Please Order Certificates / Buy Belts on the day of the grading