

ASHINGTON KARATE CLUB

JANUARY NEWSLETTER

Sensei Jill Kelly, 6th Dan

JANUARY 2018 NEWS

Sensei Trish Bruce, 5th Dan



www.ashingtonshotokankarate.co.uk



Ashington Shotokan Karate



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KUGB ENGLAND SQUAD SELECTIONS

Congratulations to Dylan Gibson, Niamh Duddridge, Gemma Gibson and Evie Ackroyd, who have all been selected onto the KUGB England Squad for 2018 after travelling to Liverpool to take part in the selections!

Dylan has been selected onto the Kata Squad for his seventh year, Niamh has been selected onto both the Kata and Kumite Squads for her fifth year, Gemma has been selected onto the Kumite Squad for her fifth year and the Kata Squad for the third time, and Evie has been selected onto the Kumite Squad for her first time!

The Kata Squad was selected by Sensei Andy Sherry, 9th

The Kata Squad was selected by Sensei Andy Sherry, 9th Dan, and the Kumite Squad was selected by both Sensei Sherry and Sensei Frank Brennan, 8th Dan.



IMPORTANT: CLUB MEMBERSHIP CARDS

Can all our members please remember to bring club membership cards to be stamped EVERY class. This is important if you want to grade, as the club instructors may check your card to check you have sufficient attendance before giving permission to grade! If you lose your card before your subs are due and require a new card, you will be charged 50p for a replacement. While we keep record of attendance on our registers, cards allow the instructors to see a record of training over a longer period at a quick glance.

SECOND-HAND GI SALE

The committee are hoping to have a second-hand gi sale in the near future to raise funds for the club. If anyone has any old gis they no longer wear that they would like to donate to the club, could you please bring them in as soon as possible.

KYU GRADING - MARCH 2018

Our first grading of 2018 will take place on Sunday 18th March at Josephine Butler Campus with Sensei Frank Brennan, 8th Dan. The mock grading in preparation for this grading will take place on Saturday 3rd March at Ashington Leisure Centre.

JANUARY BONUS BALL WINNERS:

06/01/2017: Kim Foster (47)
13/01/2017: Amy Chisholm (1)
20/01/2017: Amy Chisholm (38)
27/01/2017: Beverley Foster (58)

STUDENT OF THE MONTH:

NICK SANDEMAN



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

JAMES BROWN
THOMAS BUTLER
NICKY CHISHOLM
JAKE COUTLAS
TEAGAN COULTAS
BEVERLEY FOSTER
TONG XIN HE
YONG JIE HE
DANIEL JACKSON
LOUIS PARSONS
JESSICA PEEL
LUKE REDPATH
SHAY SUMMERS

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Tuesday 6th February 2018
Training with Sensei Frank Brennan
Eldon Leisure, Newcastle
6:30pm-8:00pm (all grades)
8:00pm-8:45pm (brown and black belts)

Sunday ith February 2018

KUGB Northern Region Course and AGM
CitySpace, University of Sunderland

10:30am-11:45am (yellow belt and above)

12:00pm-1:15pm (yellow belt and above)

Visit the Events page on our website ashingtonshotokankarate.co.uk for more events throughout 2017.