



ASHINGTON KARATE CLUB

FEBRUARY NEWSLETTER

Sensei Jill Kelly, 6th Dan

FEBRUARY 2017 NEWS

Sensei Trish Bruce, 5th Dan



www.ashingtonshotokankarate.co.uk



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@AshingtonShotokanKarateClub



@AshingtonNKA



ashington_nka

MARCH 2017 GRADING

Our grading with Sensei Andy Sherry will be held on Sunday 26th March at Josephine Butler Campus. Full details can be found on the back of this newsletter.

REMINDER: The clocks move forward the day of the grading, so be prepared for this so you do not end up late!

The mock grading for those hoping to grade will be held on Saturday 11th March at Ashington Leisure Centre.

KUGB GRAND SLAM

Congratulations to Dylan Gibson, Niamh Duddridge and Gemma Gibson who represented KUGB England at the first Grand Slam of the year.

Dylan and Niamh both started the day in the kata events, both with good performances.

Gemma and Rachael then competed in the Senior Female Kumite against the European team champions. This was the first time in this category for Gemma.

Niamh fought in the Girls 13-16 Kumite where she placed second. She was then part of the winning England Team Kumite!

KUGB RAFFLE TICKETS

Thank you to everyone who helped us sell KUGB raffle tickets. We handed in £290 worth of tickets to Sensei Brennan at the Grand Slam. If anyone is yet to hand in your tickets, please do so by the club grading at the latest and we will try and hand in all remaining tickets then.

KUGB YOUNG LEADERS

Congratulations to Evie Ackroyd, who has achieved her Bronze Young Leader award. This is a new qualification for students aged 12-17 who assist their instructors. Evie is the first in our club to achieve this qualification and we look forward to more people working towards it.



LICENCE RENEWALS

With the grading with Sensei Andy Sherry quickly approaching, we ask our students to make sure their licences are up to date.

Without a current licence, you will not be able to grade! We are constantly checking to make sure all your licences are in date, but it your responsibility to renew your licence when it is due.

FEBRUARY BONUS BALL WINNERS:

05/02/2017: Evie & Joel (41)

12/02/2017: Kay Parsons (26)

19/02/2017: Kay Parsons (14)

26/02/2017: Amy Chisholm (3)

STUDENT OF THE MONTH:

LENNON McCULLOCH



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

EVIE ACKROYD
THOMAS BUTLER
JAKE COULTAS
JAMES DE VERA
LENNON McCULLOCH
LOUIS PARSONS
JESSICA PEEL
JOEL POLLARD
KRYSIA POLLARD
CHARLOTTE REASON
RUBY RICHES
ABBY ROBINSON

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Tuesday 21st March 2017
Training with Sensei Frank Brennan
Eldon Leisure, Newcastle
6:30pm-8:00pm (all grades)

Saturday 6th May 2017
KUGB National Championships
NIA Birmingham
Eliminations begin at 10:00am.

Sunday 6th-Friday 11th August 2017
KUGB Summer Residential Course
Lancaster University
Week-long course with senior instructors.

Visit the Events page on our website
ashingtonshotokankarate.co.uk
for more events throughout 2017.



NORTHUMBERLAND KARATE ACADEMY

TRAINING AND GRADING

Sunday 26th March

SENSEI ANDY SHERRY, 9th DAN

Josephine Butler Campus

INSTRUCTOR: Sensei Andy Sherry, 9th Dan

DATE: Sunday 26th March 2017

LOCATION: Josephine Butler Campus,
Northumberland Church of England Academy
Ashington, Northumberland
NE63 9RX

CONTACT:

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TRAINING:

10:30am-12:00pm – Green Belts and Above
Grading to follow after a short break.

2:00pm-3:15pm – White-Yellow Belts
Grading to follow shortly afterwards.

COSTS:

Training and Grading – **£25.00**

Training Only – **£10.00**

NOTE: No Training, No Grading

IMPORTANT NOTICE: Do not forget the
clocks go forward this day!

NEXT GRADINGS:

16th July 2017 / 17th December 2017



**WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE, BUT
IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS DUE!
IF YOUR LICENCE IS NOT RENEWED YOU WILL NOT BE ABLE TO GRADE**



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