



#proudtobeKUGB
on its 50th year!

ASHINGTON KARATE CLUB

APRIL NEWSLETTER

Sensei Jill Kelly, 6th Dan

APRIL 2016 NEWS

Sensei Trish Bruce, 5th Dan



www.ashingtonshotokankarate.co.uk



enquiries@ashingtonshotokankarate.co.uk



Ashington Shotokan Karate



@AshingtonNKA



ashington_nka

SUNDERLAND KARATE CHAMPIONSHIPS 2016

We now have the entry forms for the 7th Sunderland Karate Championships, which will be held at CitySpace in Sunderland on Sunday 5th June 2016.

This popular competition is one of the few competitions to be held in the local area, so it is a great opportunity for members who have not competed before to try a competition for the first time, and for more experienced competitors to enter.

All competitor entry fees will be paid for by the committee, so the only cost that will need to be paid for is the £5 for spectators! These entry forms will be paid for through money raised by the club to be redistributed amongst members – no other club offers this! If you are interested in attending this competition, please add your name to the entry forms and tick the categories you wish to enter.

This year there has been a new category added in for Adult Kyu Grades, so we encourage all our adult juniors to enter this category. If the new category is not a success they may put the coloured belts back in with the black belts in future years!

KARATE ON THE BEACH 2016

Our most popular annual fundraiser Karate on the Beach will be held on Sunday 12th June at Blyth Beach. If you have not had a letter with a sponsorship form and details on, please ask any committee member and they will give you one.

50th KUGB National Championships 2016

Congratulations to Dylan Gibson, Niamh Duddridge and Gemma Gibson, who all travelled to the NIA in Birmingham to compete in the 50th KUGB National Championships. This was a special event for the KUGB due to it being their 50th year, and all our students competed to their best in categories that were of a very high standard.

Gemma Gibson placed third in the Senior Female Team Kumite alongside Madeleine Wood and Rachael Allinson from Ponteland NKA. This was Gemma's first time in the senior team, where she fought competitors much older than herself. Dylan Gibson made the semi-finals in the Senior Male Kata, which is a very competitive category containing world and national champions. Niamh Duddridge won through to the quarter-finals of the Senior Female Kata on her first competition in the over 16s.

APRIL BONUS BALL WINNERS:

- 02/04/2016: Ashington Karate Club (15)
- 09/04/2016: Ian Davis (30)
- 16/04/2016: Ian Davis (30)
- 23/04/2016: Kay Parsons (14)
- 30/04/2016: Jacqueline Brown (35)

STUDENT OF THE MONTH:

DYLAN GIBSON



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

MACENZIE BARNETT

JAKE COULTAS

GARY COWELL

NATHANIEL COWELL

LEWIS HUNTER

DANIEL JACKSON

EVAN YOUNG

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Saturday 28th May 2016
KUGB Liverpool Youth Championships
Firefit, Toxteth
Eliminations start at 11:00am.

Sunday 5th June 2016
7th Sunderland Karate Championships
CitySpace, Sunderland
Eliminations start at 10:00am.

Sunday 12th June 2016
Karate on the Beach 2016
Blyth Beach
Training begins at 11:00am.

Tuesday 21st June 2016
Training with Sensei Frank Brennan, 8th Dan
Eldon Leisure, Newcastle
6:30-8:00pm (all grades)