



Ashington Karate Club February Newsletter

February 2013 News

Can you all please remember to get your card stamped every session, as before giving you permission to grade, Sensei Jill will check your cards to make sure you have good enough attendance.

Congratulations Dylan!

Well done to Dylan Gibson, who was successfully reselected onto the KUGB England Kata Squad after travelling down to Liverpool on 2nd February. This is Dylan's second year on the squad now.

A message from Sensei Jill:

"Dylan Gibson got reselected onto the KUGB National Kata squad this Saturday. How good it is for our club to have representation on both the kumite (Kyle Duddridge) and the kata squad with Dylan. It means lots of hard training for them both, but the benefits of training on the squads will soon become evident as they mix with the best in the country and train with students they don't meet every week in their own clubs!"



Please remember to check at the registration desk that we hold an up to date telephone and e-mail address. In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

Forthcoming Karate Events

Sunday 3rd March

KUGB Northern Region Course & AGM

Southwick Primary School, Sunderland
10:30am-11:45am (First Session)
12:00pm-1:15pm (Second Session)

Sunday 12th March

Training with Sensei Frank Brennan, 7th Dan

Eldon Leisure, Newcastle
6:30pm-8:00pm

KUGB Northern Region Course & AGM Sunday 3rd March 2013

The KUGB Northern Region Course will be held on the 3rd March this year at Southwick Primary School, Sunderland. It is highly recommended that as many of our members as possible attend this course, as it is a great opportunity to attend an official KUGB regional course and train with some of the most experienced instructors in the country. The session will be split in two, the times of which are at 10:30am-11:45am for the first session and 12:00pm-1:15pm for the second.

After the course is over, the KUGB hold their annual Northern Region AGM. Sensei Jill will be attending this course and asks that if there is anything you would like to see happen in the Northern Region, tell her so she can mention it at the AGM.

Kyu Grading: 24th March

On 24th March, we will be holding our club Kyu Grading at Willowburn Sports Centre in Alnwick with Sensei Andy Sherry, 9th Dan and chief instructor of the KUGB. Sensei Sherry has recently been promoted to 9th Dan. It is great that we can have the highest graded instructor in the KUGB coming to grade our students, as he also does all of the black belt gradings. The black belt class will be a special kata masterclass focusing on the katas Gojushiho Dai and Unsu.

Times:

10:00am-12:00pm (Black Belts kata masterclass session)

12:45pm-2:15pm (Kyu Grades training session)

2:30 onwards (Grading)

Prices:

£21 (Cost for Training and Grading)

£10 (Cost for Training Only)

Website: ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/Ashington_Skc

YouTube: www.youtube.com/user/ashingtonKUGB

Sensei Jill and Sensei Trish will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month.

Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

The student to receive this award for September

is:



Alex Rutherford



Student of the month trophies sponsored by Sensei Keith.