ASHINGTON SKC NOVEMBER NEWSLETTER

November 2011 News

Well done to the following Students for achieving 100% attendance on Saturday mornings in November:

David Brown, Maya Burns, Philip Campbell, Dominic Crate, Louie Cummings, Luke Davis, James DeVera, Kyle Duddridge, Niamh Duddridge, Dylan Gibson, Gemma Gibson, Cameron Johnstone, Nathan Lillico, Iona-Mae Mills, James Metcalf, Jake Pickering, Jay Scott, Hannah Telford and Ralph Tickman.

Well done to the following Students for achieving 100% attendance on Thursday Evenings in November:

Philip Campbell, Luke Davis, Kyle Duddridge, Niamh Duddridge, Dylan Gibson, Gemma Gibson, Nathan Lillico, Daniel Lumb, Abby Robinson and Jay Scott.

(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)

Seahouses U15 Competition Results

Well done to all competitors who represented our club at the 23rd Seahouses U15 Competition. Congratulations to all members of the club who competed, as they all reached the finals in at least one category:

Abby Robinson – 1st (10 & Under Mixed Kata Novice-4th Kyu)

Louie Cummings – 3rd (10 & Under Mixed Kata 3rd Kyu & Above)

Dominic Crate - 3rd (11-14 Mixed Kata Novice-4th Kyu)

Jay Scott - 2nd (11-14 Mixed Kata Novice-4th Kyu)

Dylan Gibson – 4th (11-14 Mixed Kata 3rd Kyu & Above)

Niamh Duddridge – 3rd (11-14 Mixed Kata 3rd Kyu & Above)

Maya Burns – 2nd (11-14 Mixed Kata 3rd Kyu & Above)

Ashington - 3rd (Team Kata Novice-4th Kyu)

(Dominic Crate, Abby Robinson, Luke Davis)

Ashington A - 3rd (Team Kata 3rd Kyu & Above)

(Niamh Duddridge, Caitlin Birdsey, Maya Burns)

Ashington A - 1st (Gohon Kumite Novice-8th Kyu)

(Hannah Telford, Jay Scott)

Ashington A – 3^{rd} (Ippon Kumite 7^{th} - 4^{th} Kyu)

(Bethany Day, Luke Davis)

Ashington B - 1st (Ippon Kumite 7th-4th Kyu)

(Dominic Crate, Abby Robinson)

Abby Robinson - 3rd (10 & Under Girls Kumite)

Ashington – 2nd (10 & Under Team Kumite)

(Jake Pickering, Abby Robinson, Louie Cummings)

Gemma Gibson – 3rd (11-14 Girls Kumite Under 5ft)

Niamh Duddridge – 1st (11-14 Girls Kumite Under 5ft)

Maya Burns - 1st (11-14 Girls Kumite 5ft & Over)

Ashington A - 3rd (11-14 Team Kumite)

(Dylan Gibson, Maya Burns, Philip Campbell)

Ashington B - 2nd (11-14 Team Kumite)

(David Bradburn, Rebecca Bradburn, Thomas Athey)

Training & Grading with Sensei Frank Brennan, 7th Dan

Our next club grading will take place on the 11th December. Can everyone grading please check that their licenses are in date with Sharon at the registration desk. Training times:

> 10.30am - 12.15pm (Green Belt & Above) 2.30pm - 4.00pm (White-Yellow Belts) Both Gradings to follow shortly after training. Anticipated finishing time – 6.30pm

Can all students who are grading please report to the desk to sign in before entering hall.

Merry Christmas!

Everyone at Ashington Shotokan Karate Club wishes all club members and their families a Merry Christmas and a Happy New Year! The last training date of 2011 will be Saturday 17th December. Training at the YMCA will resume on Saturday 7th January 2012.

Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address. In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

For more information about the club news, events and photos please visit the club website at ashingtonshotokankarate.co.uk

Forthcoming Karate Events

Saturday 3^{ra} December **Ashington SKC Christmas Party & Presentation Evening**

Ashington & Ellington Social Club 6.00pm - 10.00pm

Saturday 10th December Training with Sensei Frank Brennan

Sendai Newcastle - Eldon Square Newcastle upon Tyne Training Time - 2.00pm - 3.30pm (All Grades)

Sunday 11th December Grading with Sensei Frank Brennan, 7th Dan

Willowburn Sports Centre, Alnwick

Training Time - 10.30am - 12.15pm (Green Belt & Above) 2.30pm - 4.00pm (White-Yellow Belts) Both Gradings to follow shortly after training.

Sensei Jill, Sensei Trish and Sensei Keith will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month. Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

The student to receive this award for November

is:

Niamh Duddridge