



#proudtobeKUGB
on its 50th year!

ASHINGTON KARATE CLUB

MAY NEWSLETTER

Sensei Jill Kelly, 6th Dan

MAY 2016 NEWS

Sensei Trish Bruce, 5th Dan



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Ashington Shotokan Karate



@AshingtonNKA



ashington_nka

KUGB Liverpool Youth Championships 2016

Congratulations to our three students who travelled to Firefit Sports Centre in Toxteth, Liverpool on 25th May to compete in the annual KUGB City of Liverpool Youth Championships.

Both Niamh Duddridge and Gemma Gibson made the junior female 16-20 kata final. Niamh finished in 2nd place and Gemma finished in 4th.

Dylan Gibson placed 3rd in the junior male 18-20 kumite.

All three performed well and were a credit to the club.

FREE Extra Junior Grade Class – 26th June

An extra session for all our junior grades has been arranged for Sunday 26th June. It will take place in Studio 2 (upstairs, above our usual Studio 1) at the new Ashington Leisure Centre from 10:00am-12:00pm.

Everyone from white belt to 3rd kyu (brown belt) can train. This is a FREE session to help prepare those students for the club grading on 17th July with Sensei Brennan.

The only requirement for this special free grading session is that you must train at the club that week. This is NOT instead of your Thursday/Saturday session but in addition to it!

Both Sensei Jill and Sensei Trish will be teaching.

KARATE ON THE BEACH 2016

Our most popular annual fundraiser Karate on the Beach will be held on Sunday 12th June at Blyth Beach. The karate class will begin at 11:00am, and food and games will take place in the afternoon.

We have the names and food lists out on the desk, so please add your name and select your meal option if you are attending. If you require a second sponsorship form, please speak to any committee member.

The student who raises the most sponsorship will get a free private kata class with Sensei Jill.

KYU GRADING – 17th JULY 2016

The next club grading will be held at Josephine Butler Campus on 17th July 2016 with Sensei Frank Brennan, 8th Dan. A poster with the full details will be given out in the coming weeks. The mock grading will take place on Saturday 9th July.

MAY BONUS BALL WINNERS:

- 07/05/2016: Ashington Karate Club (27)
- 14/05/2016: Sensei Jill Kelly (36)
- 21/05/2016: Lynn Gibson (23)
- 28/05/2016: Ashington Karate Club (7)

STUDENT OF THE MONTH:

EVAN YOUNG



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

MACENZIE BARNETT

NICKY CHISHOLM

JAKE COULTAS

NATHANIEL COWELL

DANIEL JACKSON

JAMIE LEDGER

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 12th June 2016

Karate on the Beach

Blyth Beach

Karate starts at 11:00am.

Food and games to follow.

Tuesday 21st June 2016

Training with Sensei Frank Brennan, 8th Dan

Eldon Leisure, Newcastle

6:30-8:00pm (all grades)

Saturday 2nd July 2016

KUGB National Youth Championships 2016

NEW Queen's Park Sports Centre, Chesterfield

Eliminations start at 10:00am.