



Ashington Karate Club

July Newsletter

July 2015 News

Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.

July Grading

Congratulations to everyone who graded with Sensei Frank Brennan on 12th July 2015. Results below.

Name	Grade	Belt
Matthew Ransom	9th Kyu	Orange
Jake Coultas		
Nathaniel Cowell		
Macenzie Barnett		
Billy Jobson	8th Kyu	Red
Hannah Baird	7th Kyu	Yellow
Thomas Fitzpatrick		
Joel Pollard	6th Kyu	Green
Nicholas Chisholm		
Matthew Moody		
Ben Farrier	5th Kyu	Purple
Jessica Peel		
Thomas Davison		
Gabriel Torres	4th Kyu	Purple and White
Olaf Zieba		
Evie Ackroyd		
Morgan Richardson		
Harrison Gent	3rd Kyu	Brown
Shay Boden	2nd Kyu	Brown and White
Louis Parsons		
Jamie Armstrong	1st Kyu	Brown and 2 White
Evan Young		
Christopher Denham		
Ethan Cook		
James De Vera		



KUGB National Youth Championships 2015

Congratulations to our members, who travelled down to Chesterfield to compete in the KUGB National Youth Championships.

Niamh Duddridge and Gemma Gibson both placed in their kata category, and Niamh in her Kumite. Results below.
Niamh Duddridge – 2nd, Girls Kumite 5'3" and Over

Niamh Duddridge – 2nd, Girls Black Belt Kata

Changes to the Bonus Ball

Due to changes in the National Lottery, we are having to adjust the way we run our bonus ball. We will now be running independently of the National Lottery. Because of this, Sensei Jill will be drawing the ball every Saturday after the class, and the result will be advertised in the club.

We will now have less numbers (a total of 44), which will increase chances of winning the weekly prize of £25. All money should now be paid to Kay Parsons, as she is present at the club every Thursday and Saturday.

A list will be available at the club so anyone who wants to participate in the bonus ball will be able to choose their number(s) on the new sheet.

The new bonus ball will commence from **Saturday 5th September**.

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/AshingtonNKA

MONTHLY AWARDS – July 2015

Student of the Month:

Jamie Armstrong



Attendance of the Month:

Hannah Baird

Nicky Chisholm

Jake Coultas

Nathaniel Cowell

Thomas Fitzpatrick

Louis Parsons

Morgan Richardson

Can you please return the trophies at the end of the month so they can be awarded to another student at the beginning of the following month?

Student of the Month trophies sponsored by Keith Burns and Joe Wood.

Forthcoming Karate Events
can be found on our website
ashingtonshotokankarate.co.uk