



# Ashington Karate Club

## January Newsletter

January 2014 News

### KUGB Northern Region AGM

The KUGB Northern Region Course will be held on Sunday 9<sup>th</sup> February at Southwick Primary School with Sensei Jimmy Brennan, 7<sup>th</sup> Dan, and Sensei Frank Brennan, 7<sup>th</sup> Dan. The first class is from 10:30am-11:45am and the second class is from 12:00pm-1:15pm. Please try and attend these sessions, as it is a great opportunity to train at an official KUGB course with high-grade instructors right on our doorstep. The postcode for Southwick Primary School is SR5 2JX.

Sensei Jill will be attending the KUGB Northern Region AGM after the sessions and asks if there is anything you would like to see happen in the Northern Region so she can mention it at the AGM.

### Grading with Sensei Andy Sherry 30<sup>th</sup> March 2014

On 30<sup>th</sup> March, we will be holding our kyu grading with Sensei Andy Sherry, 9<sup>th</sup> Dan. The first class will be a special kata masterclass for black belts only focusing on the katas Gojushiho Sho and Gankaku.

#### Times:

10:00am-12:00pm (black belt kata Masterclass)

12:30-2:00 (kyu grades course)

2:30 onwards (grading)

#### Price:

£21 (training and grading)

£10 (training only)

**Please remember to check at the registration desk that we hold an up to date telephone and e-mail address. In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.**

### Forthcoming Karate Events

#### Sunday 9<sup>th</sup> February

#### KUGB Northern Region Course & AGM

Southwick Primary School, Sunderland

10:30am-11:45am

12:00pm-1:15pm

#### Tuesday 11<sup>th</sup> February

#### Training with Sensei Frank Brennan

Eldon Square, Newcastle

6:30pm-8:00pm (all grades)

8:00pm-8:45pm (brown and black belts)

#### Sunday 2<sup>nd</sup> March

#### KUGB Northern Region Kumite Development

#### Squad Tryouts

Leeds Trinity University

11:00am-12:30 (all grades course)

1:00pm-3:00pm (squad selection & training)

**MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE**

### KUGB England Junior Kumite Squad

On Saturday 25<sup>th</sup> January, four members from Ashington YMCA Karate Club travelled to the Liverpool Red Triangle club to take part in the KUGB England Junior Kumite Squad trials!

*"CONGRATULATIONS to Niamh Duddridge, Gemma Gibson and Maya Burns who were all successful in being accepted onto the KUGB Junior Kumite Squad today! That is a really positive start to 2014 and I am sure the extra training and mixing with the best junior fighters of the KUGB will be of great benefit to them all. Kyle Duddridge, already a member of the Junior Kumite Squad was reselected today as well, well done to everyone!"*



The KUGB England Junior Kumite Squad 2014

### Chronicle Wish Token Campaign

Thank you to all of our members who collected Wish Tokens from the Chronicle over the past few months. We have sent away all the tokens we have received, and a total of how much money we have earned will be published in the Chronicle soon.

### Shoes

Due to poor weather conditions, can you please take off your shoes before entering the dojo to prevent the floor from becoming muddy.

Thank you.

**Can you all please remember to get your card stamped every session, as before giving you permission to grade, Sensei Jill will check your cards to make sure you have good enough attendance. If you forget your card, it will NOT be stamped twice the next week.**

**Website:** [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)

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**Facebook:** [www.facebook.com/AshingtonShotokanKarateClub](http://www.facebook.com/AshingtonShotokanKarateClub)

**Twitter:** [www.twitter.com/Ashington\\_Skc](http://www.twitter.com/Ashington_Skc)

### STUDENT OF THE MONTH

The student to receive this award for January is:



**Louis Parsons**



*Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?*

Student of the month trophies sponsored by Sensei Keith and Joe Wood.