



Ashington Karate Club

May Newsletter

May 2015 News

Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.

EKC Championships 2015

Niamh Duddridge and Gemma Gibson were both selected to represent the KUGB at the EKC Championships in Sheffield. The EKC is the largest karate body in England, made up of KUGB England, as well as FEKO, Karate England, AMA and EUKF.

Both girls came third in their respective categories, which were 15-17 Female Kumite Under 60kgs for Niamh and 15-17 Female Kumite Under 55kgs for Gemma.

Sensei Sherry stated "all of our competitors gained invaluable experience at this 1st EKC Championship. There was a tremendous team spirit amongst the squad and this contributed significantly to the superb performances and results achieved".

Karate on the Beach

14th June 2015 – Blyth Beach

Our popular Karate on the Beach event is getting closer. Please add your name to the list on the desk if you are taking part and let us know your food choice for lunch.

If you require a second sponsorship form or do not yet have one, please speak to Sensei Jill or any committee member so they can give you one.

We hope to see you all there and look forward to an enjoyable day.

Don't forget that Karate on the Beach WILL go ahead whatever the weather.

Competition Uniform Notice

If you are planning on representing Ashington Karate Club at any competition in the future, we ask that you wear your club jacket. It gives a sense of team identity, and means that everyone can be recognized by members of other clubs and look part of a squad in photographs.



KUGB Liverpool Youth Championships 2015

Our three squad members Dylan Gibson, Niamh Duddridge and Gemma Gibson travelled to Liverpool on 30th May to compete at the KUGB Liverpool Youth Championships.

The three of them entered the Team Kata event for the first time together, and finished at 3rd place.

Gemma made it to the final in the Girl's Kumite Under 5'3" category and finished 2nd place.

Dylan finished 2nd in the Male 16-20 Kata.

Sunderland Karate Championships 2015

Sunday 7th June 2015 – City Space

Good luck to everyone who is competing at the Sunderland Karate Championships. Just remember that good results can take years to achieve – something juniors forget when they see our older students competing and winning, they too had many years of just "getting placed" or getting nothing at all. We are pleased with your efforts no matter how you do in the competition.

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/AshingtonNKA

Forthcoming Karate Events

Sunday 7th June

Sunderland Karate Championships

City Space, Sunderland, SR1 3SD

Competition begins as 10:00am

Sunday 14th June

Karate on the Beach

Blyth Beach

11:00am-12:00pm (training)

Followed by lunch and games

Tuesday 23rd June

Training with Sensei Frank Brennan

Eldon Leisure, Newcastle

6:30pm-8:00pm (all grades)

MONTHLY AWARDS – May 2015

Student of the Month:

Louis Parsons



Attendance of the Month:

Jake Coultas

Thomas Davison

Billy Jobson

Olaf Zieba

Can you please return the trophies at the end of the month so they can be awarded to another student at the beginning of the following month?

Student of the Month trophies sponsored by Keith Burns and Joe Wood.

MORE EVENTS CAN BE FOUND ON OUR WEBSITE