



#proudtobeKUGB  
on its 50th year!

# ASHINGTON KARATE CLUB

## JUNE NEWSLETTER

Sensei Jill Kelly, 6<sup>th</sup> Dan

JUNE 2016 NEWS

Sensei Trish Bruce, 5<sup>th</sup> Dan



[www.ashingtonshotokankarate.co.uk](http://www.ashingtonshotokankarate.co.uk)



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@AshingtonShotokanKarateClub



@AshingtonNKA



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### SUNDERLAND KARATE CHAMPIONSHIPS 2016

Congratulations to all our members who competed at the 7<sup>th</sup> Sunderland Karate Championships. All competitors performed very well in tough categories containing many senior grades, with some getting through several rounds in both kata and kumite.

We are very proud of you all. Many junior grades entered without any competition experience and put in a great amount of effort. Well done to the following who placed in their categories:

Dylan Gibson – 2<sup>nd</sup>, Dan Grade Kata

Niamh Duddridge – 3<sup>rd</sup>, Female Kumite

Gemma Gibson, Dylan Gibson, Niamh Duddridge – 3<sup>rd</sup>, Team Kata

Pictures from the competition can be found on our Facebook page.



### KARATE ON THE BEACH 2016

Well done to everyone who participated in our annual Karate on the Beach fundraiser. Despite the poor weather conditions once again, the turnout was good and everyone enjoyed themselves.

A total of £755 was raised through sponsorships. We thank everyone who contributed towards this. A special congratulations go to the following, who raised £70 or more:

Nathaniel Cowell - £125

Morgan Richardson - £118

Lewis Hunter - £73

Tom Butler - £70

### KYU GRADING – 17<sup>th</sup> JULY 2016

Details for the grading on 17<sup>th</sup> July 2016 can be found on the back of this newsletter. Reminder that the **mock grading** will take place on Saturday 9<sup>th</sup> July.

### JUNE BONUS BALL WINNERS:

- 04/05/2016: Claire Stanton (37)
- 11/05/2016: Joanna Davis (44)
- 18/05/2016: Kay Parsons (26)
- 25/05/2016: Jacqueline Brown (35)

### STUDENT OF THE MONTH:

**JAMIE LEDGER**



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

### ATTENDANCE OF THE MONTH:

*Jake Coultas*

*Gary Cowell*

*Nathaniel Cowell*

*Billy Jobson*

*Evan Young*

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

### FORTHCOMING EVENTS:

*Saturday 16<sup>th</sup> July 2016*

2<sup>nd</sup> Gateshead Youth Championships  
Kingsmeadow Community Comprehensive  
School, Gateshead  
Eliminations begin at 10:00am.

*Sunday 17<sup>th</sup> July 2016*

Training and Grading with Sensei Brennan  
Josephine Butler Campus, NCEA  
Details on back of newsletter.

*Tuesday 26<sup>th</sup> July 2016*

Training with Sensei Frank Brennan, 8<sup>th</sup> Dan  
Eldon Leisure, Newcastle  
6:30-8:00pm (all grades)  
8:00pm-8:45pm (brown and black belts)



# NORTHUMBERLAND KARATE ACADEMY

## TRAINING AND GRADING

Sunday 17<sup>th</sup> July

SENSEI FRANK BRENNAN, 8<sup>th</sup> DAN

Josephine Butler Campus

**INSTRUCTOR:** Sensei Frank Brennan, 8<sup>th</sup> Dan

**DATE:** Sunday 17<sup>th</sup> July 2016

**LOCATION:** Josephine Butler Campus,  
Northumberland Church of England Academy  
Ashington, Northumberland  
NE63 9RX

### CONTACT:

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### TRAINING:

**10:30am-12:00pm** – Green Belts and Above

Grading to follow shortly afterwards.

**2:30pm-3:45pm** – White-Yellow Belts

Grading to follow shortly afterwards.

### COSTS:

Training and Grading – **£25.00**

Training Only – **£10.00**

**NOTE:** No Training, No Grading

### NEXT GRADING:

18<sup>th</sup> December 2016



**WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE, BUT  
IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS DUE!  
IF YOUR LICENCE IS NOT RENEWED YOU WILL NOT BE ABLE TO GRADE**



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