

# ASHINGTON SKC JANUARY NEWSLETTER

## January 2012 News

**Well done to all Students who achieved 100% attendance on Saturday mornings and Thursday evenings in January.**  
(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)

### Gi Sale Saturday 11<sup>th</sup> February

Please help us raise funds for the club! Have you any old or unwanted Gi's that don't fit anymore? If so, can you donate washed and ironed Gi's to any committee member. Come along during the session on the day of sale to purchase a Gi. All funds raised go towards the cost of equipment, transport, etc. to benefit our students. Thank you for your continued support.

### Easter Disco Saturday 31<sup>st</sup> March, 6-10pm Ashington Excelsior Social Club

We are arranging an Easter Disco so all karate members and their families can get together and enjoy an evening out. The cost of this event will be £2.50 per person to cover costs of the event. We are asking everyone to provide a food item for the buffet. Sharon will be putting a list on the desk so you can add your name next to the food item you are going to bring to the party.

## Important Training and Grading Dates 2012

**Sendai Newcastle – Eldon Square**  
**Training with Sensei Frank Brennan £8.00**  
**Session 1 – 6:30pm-8:00pm (All Grades)**

**Session 2 – 8:00pm-9:00pm (Brown+Black Belts Only)**

Tuesday 7<sup>th</sup> February      Tuesday 6<sup>th</sup> March (First Session Only)  
Tuesday 24<sup>th</sup> April      Tuesday 12<sup>th</sup> June (First Session Only)  
Tuesday 17<sup>th</sup> July      Tuesday 4<sup>th</sup> September (First Session Only)  
Tuesday 9<sup>th</sup> October      Tuesday 13<sup>th</sup> November  
Saturday 15<sup>th</sup> December (First Session Only)

**Ashington SKC – Willowburn Sports Centre, Alnwick**  
**Session 1 – 10:30am-12:15pm (Green Belt and Above)**  
**Session 2 – 2:30pm-4:00pm (White-Yellow Belts)**  
**Gradings to follow shortly after training sessions.**

Sunday 25<sup>th</sup> March  
Training with Sensei Randy Williams, 6<sup>th</sup> Dan  
Sunday 15<sup>th</sup> July  
Training with Sensei Frank Brennan, 7<sup>th</sup> Dan  
Sunday 16<sup>th</sup> December  
Training with Sensei Frank Brennan, 7<sup>th</sup> Dan

*Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address.*

*In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.*

*For more information about the club news, events and photos please visit the club website at [ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)*

## Forthcoming Karate Events

### **Tuesday 7<sup>th</sup> February**

#### **Training with Sensei Frank Brennan**

Sendai Newcastle - Eldon Square Newcastle upon Tyne  
Training Time – 6.30pm – 8.00pm (All Grades)  
8.00pm – 9.00pm (Brown & Black Belts Only)

### **Sunday 4<sup>th</sup> March**

#### **Northern Regions Course & AGM**

#### **Training with Sensei Frank Brennan**

City Space Sunderland – SR1 3SD  
Training Times: 10.30am – 11.45am  
12.00 noon – 1.15pm

### **Saturday 10<sup>th</sup> March**

#### **The North West Open Karate Championship**

Howe Bridge Sports Centre, Eckersley Fold Lane,  
Atherton, M46 0PJ  
Start 10.00am

This month, Sensei Jill, Sensei Trish and Sensei Keith will be awarding a cup to both a male and a female student that they believe have a good attitude to training with good overall attendance each month.

*Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?*

**The students to receive the cup this month are:**

**Male: Jay Scott**

**Female: Hannah Telford**