



ASHINGTON KARATE CLUB

AUGUST NEWSLETTER

Sensei Jill Kelly, 6th Dan

AUGUST 2019 NEWS

Sensei Trish Bruce, 6th Dan



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Ashington Shotokan Karate



[ashington_skc](https://www.instagram.com/ashington_skc)

SUMMER HOLIDAY PHOTOGRAPH COMPETITION

Congratulations to the winner of our Summer Holiday Photograph Competition – Charlotte Reason! Sensei Frank Brennan, 8th Dan judged the competition on Tuesday 3rd September.

Charlotte had her picture taken at the Wizarding World of Harry Potter at Universal's Islands of Adventure in Orlando, Florida. Well done to everyone who entered, there were some fantastic entries this year. The photos will remain on display on our notice board for a few weeks and then everyone will be able to collect their print.



BREAK THE SILENCE CLASS

On Saturday 31st August, we held our summer equipment and fun class, which also served as a fundraiser for the KUGB's Charity for 2019-2020, the Zachary Geddis Break the Silence Trust. Zachary, a KUGB Northern Ireland international competitor, was just 20 years old when he died by suicide in 2017. The club committee donated £2 for every student who completed the activities throughout the class, which came to £90. We also had a kind donation of £5 from Nick Sandeman, so the committee decided to round the total up to £100. More information on the charity can be found at zacharygeddisbreakthesilenceturst.org

SUMMER TRAINING COURSES

Well done to our members who attended two summer training courses throughout August. The KUGB Summer School took place in Lancaster at the start of the month for a week. The Advanced Kata and Kumite weekend course took place later in the month in Sunderland. If anyone is interested in attending these courses next year, please speak to our instructors.



KUGB NORTHERN REGION CHAMPIONSHIPS

The KUGB Northern Region Championships 2019 will be taking place at CitySpace in Sunderland on Sunday 20th October. We encourage all our members to attend this local competition, with categories for both kata and kumite.

AUGUST BONUS BALL WINNERS:

- 03/08/2019: Jackie Brown (12)
- 10/08/2019: Tom Butler (52)
- 17/08/2019: Nick Sandeman (45)
- 24/08/2019: Jackie Brown (22)
- 31/08/2019: Lynn Gibson (23)

STUDENT OF THE MONTH:

JOSHUA DOUGLAS



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

JAKE COULTAS
TEAGAN COULTAS
JAMES DE VERA
TONG XIN HE
YONG JIE HE
EMMIE-ANN HENDERSON
LOUIS PARSONS
DENNY SHY

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 13th October 2019
KUGB Northern Region Kata Masterclass
CitySpace, Sunderland
 11:00am-12:30pm (all-grades course)
 1:00pm-3:00pm (black belt masterclass)

Sunday 20th October 2019
KUGB Northern Region Championships
CitySpace, Sunderland
 Eliminations begin at 10:00am

Sunday 27th October 2019
All-Grades Course with Sensei John James Bruce and Sensei Holly Bruce
Gateshead Leisure Centre
 10:00am-11:15am AND 11:15am-12:30pm

Visit the Events page on our website ashingtonshotokankarate.co.uk