



ASHINGTON KARATE CLUB

AUGUST NEWSLETTER

Sensei Jill Kelly, 6th Dan

AUGUST 2017 NEWS

Sensei Trish Bruce, 5th Dan



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CLUB JACKETS

Can everyone please check that you have your own club jacket, as we have had some handed in and had to try and locate owners. Please can you make sure that you put your name or initials on the tag of your jacket if you do not already have yours embroidered on.

Can everyone please remember that club jackets must be worn to all classes and karate events where you represent your club. A lot of money was spent on these jackets and we want to make the most of it!

B&M BAG PACK – 8TH OCTOBER

We have been lucky to have secured another bag pack at B&M Ashington on Sunday 8th October from 10:00am-4:00pm. We will be asking for volunteers to help for a two-hour slot nearer the time. We hope to see many of our members helping to raise funds, which we always give back to our members.

BOWLING TRIP – 29TH OCTOBER

We are pleased to announce that after raising a substantial amount of funds, we are able to offer another of our popular bowling trips.

This will take place on Sunday 29th October at Strike Bowling, Concordia Leisure Centre, Cramlington at 2:00pm.

Please let us know if you are interested as soon as possible, as we need to finalise the booking with the centre. Lynn and Kay will have a names list on the desk.

All club members are welcome to take part, regardless of attendance. We hope to see you all there.

KUGB SHOTOKAN CUP

Four members of our club travelled down to the KUGB Shotokan Cup in Chesterfield on the 2nd September, to compete in the National Individual Championships.

This is a competition only open to brown and black belts, unlike the National or Northern Region Championships, which allows students of a lower grade to compete.

Both Dylan Gibson and Niamh Duddridge reached the semi-finals of their respective Junior Kata categories. Gemma Gibson fought well, but was unfortunate not to go through to the next round. Hannah Baird fought bravely for the first time in the over 5'3" category and competed in the Brown and Black Belt Girls Kata. In all an enjoyable day, good friendly competition, and the chance to catch up with many karate friends. ~ *Sensei Jill*

GRADING DATES

The mock grading before our December grading will take place on Saturday 2nd December at Ashington Leisure Centre. The grading dates for 2018 can now be found on the 'Events' page of our website. Please visit so you can add these dates to your diary.

AUGUST BONUS BALL WINNERS:

05/08/2017: Kim Foster (47)

12/08/2017: Cheryl Bell (8)

19/08/2017: Kay Parsons (26)

26/08/2017: Lynn Gibson (6)

STUDENT OF THE MONTH:

CHARLOTTE REASON



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

PETER PHILLIPS

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Tuesday 19th September 2017
Training with Sensei Frank Brennan
Eldon Leisure, Newcastle
6:30pm-8:00pm (all grades)

Sunday 15th October 2017
KUGB Northern Region Kata Masterclass
CitySpace, University of Sunderland
11:00am-12:30pm (all grades course)
1:00pm-3:00pm (black belt masterclass)

Saturday 9th December 2017
Christmas Party and Presentation Evening
The Miners, Ashington
6:00pm start. Tickets on sale nearer time.

Visit the Events page on our website
ashingtonshotokankarate.co.uk
for more events throughout 2017.