



Ashington Karate Club

December Newsletter

December 2014 News

Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.

Kyu Grading – 14th December

Congratulations to everyone who graded with Sensei Frank Brennan on 14th December 2014.

Hannah Baird	9th Kyu	Orange
Thomas Fitzpatrick		
Nicholas Chisholm	8th Kyu	Red
Joel Pollard		
Jessica Peel	7th Kyu	Yellow
Thomas Davison		
Ben Farrier		
Evie Ackroyd	6th Kyu	Green
Olaf Zieba		
Gabriel Torres	5th Kyu	Purple
Harrison Gent		
Louis Parsons	4th Kyu	Purple & White
Shay Louise Boden		
Evan Young	3rd Kyu	Brown
Jamie Armstrong		
Ethan Cook	2nd Kyu	Brown & White
Nathan Lillico		
Ralph Ticman		
James De Vera		

GRADING DATES FOR 2015

Sunday 22nd March
 Sunday 12th July
 Sunday 13th December

Forthcoming Karate Events

Sunday 18th January

Training with Sensei John James Bruce and Holly Sterling

Ashington Leisure Centre

10:00am-11:30am

11:45am-1:00pm

£10.00 for one or both sessions

MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE

New Year Notices

We hope all our students and their families have enjoyed the festive season and now look forward to seeing everyone training hard throughout 2015. Our new kata class on 3rd January had a good turnout and we are pleased most of our students are now confident with their new katas. Starting next month, Sensei Jill will be giving out an attendance award. Please note this is different to the committee attendance policy and only takes into consideration attendance at Ashington YMCA and Mowbray First School, and not any competitions, squad trainings, etc.

Christmas Party and Presentation Evening

Thank you to all students and their families who attended our annual Christmas Party and to all committee members who helped organize the event and assist with the activities during the evening. All students have received a medal for training hard throughout the year and special awards were presented.

Niamh Duddridge – Best Overall Senior

Evan Young – Best Overall Junior

Gemma Gibson – Most Improved Senior

Louis Parsons – Most Improved Junior

Course with Sensei John James Bruce and Sensei Holly Sterling – 18th January

Kick start your training in 2015! Our course with Sensei John James Bruce and Holly Sterling takes place on 18th January at Ashington Leisure Centre – details on the back of the newsletter.

Training with Sensei Frank Brennan – Newcastle Sendai

Sensei Frank Brennan regularly teaches at Sendai Newcastle Karate Club (located at Eldon Leisure). Please see the dates for 2015 below. Times are 6:30pm-8:00pm (all grades), 8:00pm-8:45pm (brown and black belts).

Tuesday 3rd February

Tuesday 17th March (first session only)

Tuesday 28th April

Tuesday 23rd June (first session only)

Tuesday 14th July

Tuesday 22nd September (first session only)

Tuesday 10th November

Saturday 12th December (times TBA)

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

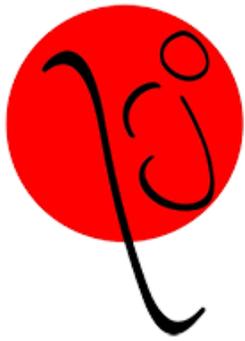
Facebook: www.facebook.com/AshingtonShotokanKarateClub

STUDENT OF THE MONTH

There is no student of the month for December due to the Christmas/New Year break.



Starting next month, a new award will also be given for one student with full attendance that month.



**ASHINGTON KARATE CLUB
NORTHUMBERLAND KARATE
ACADEMY**



ALL-GRADES COURSE

WITH

**Sensei John James Bruce, 5th Dan
Sensei Holly Sterling, 4th Dan**

Date: 18th January 2015

Venue: Ashington Leisure
Centre

Times: 10:00am-11:30am
11:45am-1:00pm

Price: £10.00



ALL profits to go to
DEBRA,
the current KUGB
charity, as nominated
by Sensei Jill Kelly.

 **debra** for people whose
skin doesn't work
we do