

ASHINGTON SKC JUNE NEWSLETTER

June 2012 News

Well done to all Students who achieved 100% attendance on Saturday mornings and Thursday evenings in June.

(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)

3rd Sunderland Championships Sunday 1st July

Good luck to all students who are competing at this local competition on 1st July.

Reminder:

Karate on the Beach Money

Well done to all who took part on the Karate on the Beach event, as the weather and conditions weren't as hoped for.

Please hand in all sponsorship money to any committee member on Saturday mornings.

Training and Grading Sunday 15th July

The next Ashington SKC Kyu Grading with Sensei Frank Brennan will take place on Saturday 15th July. Please make sure you arrive with enough time before the session to sign in.

10:30-12:15 – Training (Green Belt and Above)

2:30-4:00 – Training (White-Yellow Belts)

Gradings to follow after corresponding training sessions.

Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address.

In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

For more information about the club news, events and photos please visit the club website at ashingtonshotokankarate.co.uk

Facebook:

www.facebook.com/ashington.shotokankarate

Twitter:

www.twitter.com/Ashington_Skc

CANCELLED CLASS

Thursday 9th August

Both the junior and senior classes at Mowbray First School on Thursday 9th August will be cancelled.

Reminder: Change of Venue

Saturday 7th July

On Saturday 7th July, the class at the YMCA has been moved to the Ashington Leisure Centre due to new flooring at the YMCA. Training times will remain the same. Please note that this is for one week only

KUGB National Youth Championships

Saturday 7th July

The KUGB are holding the National Youth Championships on Saturday 7th July at Queen's Park Sports Centre in Chesterfield. The committee is paying for a subsidised bus down to Chesterfield, so it is a great opportunity for students to go whether they are wishing to compete or just to spectate.

Training with Sensei Frank Brennan

Sensei Frank Brennan, 7th Dan often takes sessions at the Sendai Newcastle dojo at Eldon Square. These all-grade training sessions are a great opportunity to train with one of the highest graded instructors in the country and it would be great for some Ashington faces to be showing up to these sessions. The upcoming dates of these sessions are listed below:

Tuesday 17th July 2012

Tuesday 4th September 2012

Tuesday 9th October 2012

Tuesday 13th November 2012

Date TBA, December 2012

Forthcoming Karate Events

Sunday 1st July 2012

3rd Sunderland Karate Championships

City Space Sports Centre, Sunderland

Saturday 7th July 2012

KUGB National Youth Championships

Queen's Park Sports Centre, Chesterfield

Sunday 15th July 2012

Training and Grading with Sensei Frank Brennan

Willowburn Sports Centre, Alnwick

6th-10th August 2012

Lancaster Summer Camp, Lancaster University

Training with the top instructors in the country.

Sensei Jill, Sensei Trish and Sensei Keith will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month.

Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

The student to receive this award for June is:

James Metcalf

STUDENT PROFILE JUNE

KYLE DUDDRIDGE

June 2012 Student Profile – Kyle Duddridge

How old are you?

16

How old were you when you started karate?

I had just turned 7

What is your current grade?

1st Dan Black Belt

How long have you trained at Ashington Karate Club?

I have trained at Ashington for 9 Years

What inspired you to start karate?

I wanted something to do, and after watching a class I joined.

How many hours per week do you train both in and out of the dojo?

7 hours per week in and out of karate.

What is your order of preference – Kihon/Kata/Kumite?

Kumite, Kata, Kihon

What is your favourite Kata?

Sochin

Who is your favourite competitor – past or present?

Sensei Terry O'Neill

Do you have a goal in karate?

To keep training and competing and to eventually teach

What are your best competition results?

1st Team Kata, National Championships 2011

What is your best karate moment?

Getting my 1st Dan

What is your favourite food?

Jacket Potato and Cheesy Beans

What is your favourite film/who is your favourite film star and why?

My favourite film is Full Metal Jacket because it is based on real events and is funny.

What is your favourite TV program?

Scrubs

What is your musical influence?

Coldplay

What is your favourite holiday destination?

Canary Islands

What is your ambition in life?

To get a good job and good pay like everyone wants.

Who inspires you?

Richard Branson

