



Ashington Karate Club

October Newsletter

October 2014 News

Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.

KUGB Northern Region Championships

Eleven members from Ashington Karate Club travelled to Sunderland to compete in the KUGB Northern Region Championships. Congratulations to all those who competed. Several of our members made the finals and came home with medals.

Results

- Ashington A (Niamh Duddridge, Maya Burns, Louie Cummings) - 2nd, Children's Team Kata
- Jamie Armstrong - 3rd, Children's Kata Novice-4th Kyu
- Niamh Duddridge - 3rd, Girls Kumite Under 5'3"
- Maya Burns - 3rd, Girls Kumite Over 5'3"
- Niamh Duddridge - 4th, Children's Dan Grade Kata
- Dylan Gibson - 4th, Male Dan Grade Kata

Get Well Soon Sensei Trish!

We would like to wish Sensei Trish Bruce a speedy recovery from her recent foot operation. We are all hoping that it will be successful this time and that she will soon be back at the club driving everyone to give it their best! Get well soon - we are all missing you!

Mock Grading

This has been well documented on our website but for those who haven't heard, the mock grading on the 29th November will be at Ashington Leisure Centre. Times are as normal. Please bring your club card so that we can check your training attendance.

Please note that our new attendance policy is also now in effect. For further details on the new policy, please check last months newsletter.

Iceland Bag Pack – 15th November

ASDA Bag Pack – 22nd November

Would any members who feel that they can spare a hour or so to help with our bag packs on 15th November (Iceland) and 22nd November (ASDA), please ask your parents to get in touch with Lynn Gibson, who will be delighted to have your assistance with these big club fund raising events.

Forthcoming Karate Events

Tuesday 11th November

DEBRA Charity Course with Sensei Frank Brennan

Eldon Leisure, Newcastle

6:30pm-8:00pm (all grades)

8:00pm-8:45pm (all grades)

Sunday 9th November

FREE Black and Brown Belt Course

City Space, Sunderland

Details on website

Sunday 14th December

Training and Grading with Sensei Frank Brennan

Willowburn Sports Centre

[DETAILS ON BACK OF NEWSLETTER](#)

[MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE](#)

International Call Up!

Hopefully many of you will by now have heard either at the club or from our website notices that both Gemma and Niamh have been selected to represent the KUGB internationally at the European Championships in Zurich in November. Zurich was the venue where a previous student of Ashington Karate Club John James Bruce became a World Junior Kumite Champion. Gemma and Niamh are much younger and we just wish them to do their best and come home more knowledgeable from their experience and ready to do well in the future.

Contact Details

As winter is upon us, remember to check we have your correct contact details - particularly mobiles - as often these change frequently, and we cannot be responsible for letting you know about any cancellations or venue changes if you do not keep us informed of contact changes. We often put this request on the newsletters - please do not ignore it - now it is November!

Seahouses Trophies

Can anyone who is holding perpetual trophies from last year's Seahouses competition hand them back in to Sensei Jill this month please.

EasyFundraising Reminder

With Christmas approaching and everyone starting to buy Christmas presents, please don't forget to use our EasyFundraising link through the website.

EasyFundraising does not add any cost to your shopping, but gives a percentage of your cost to Ashington Karate Club.

If you often wish to use EasyFundraising, but forget to do so, you can download their NEW donation reminder from their website:

easyfundraising.org.uk/raise-more/donation-reminder

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/Ashington_Skc

STUDENT OF THE MONTH

The student to receive this award for October is:



Jessica Peel



Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

Student of the month trophies sponsored by Sensei Keith and Joe Wood.



Ashington Karate Club

Training and Grading

Sunday 14th December 2014

Sensei Frank Brennan, 7th Dan

Willowburn Sports Centre, Alnwick

Instructor: Sensei Frank Brennan, 7th Dan

Date: Sunday 14th December 2014

Location: Willowburn Sports Centre, Alnwick

Please Note Revised Times:

Training:

10:30am-12:00pm – Green Belts and Above

2:00pm-3:15pm – White-Yellow Belts

Grading:

Gradings to follow shortly after each training session.

Costs:

Training and Grading – **£25.00**

Training Only – **£10.00**

NOTE: No Training, No Grading



WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE. PLEASE MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS READY. IF YOUR LICENCE IS NOT RENEWED YOU WILL NOT BE ABLE TO GRADE

A current KUGB licence is essential!

For further information please contact

Sensei Jill Kelly, 6th Dan:

☎ 01670 505843 / ☎ 07930 324556

Sensei Ian Willis, 6th Dan:

☎ 01670 523219 / ☎ 07710 790643