

ASHINGTON KARATE CLUB

MAY **NEWSLETTER**

Sensei Jill Kelly, 6th Dan

MAY 2019 NEWS

Sensei Trish Bruce, 6th Dan



www.ashingtonshotokankarate.co.uk



Ashington Shotokan Karate



enquiries@ashingtonshotokankarate.co.uk



@AshingtonNKA



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KUGB NATIONAL CHAMPIONSHIPS

Well done to all our members who competed at the 53rd KUGB National Championships in Leicester on 11th May. Congratulations to the following who placed in their categories:

Denny Shy - 2nd, Children's Dan Grade Kata Charlotte Reason - 3rd, Children's Ippon Kumite Dylan, Gemma, Evie - 3rd, Adult Team Kata Gemma, Krysia, Evie - 3rd, Female Team Kumite Also well done to Dylan Gibson and Charlotte Reason who got through to the quarter finals of their kata categories.



KUGB RAFFLE TICKETS

Thank you to everyone in the club who helped us with selling KUGB raffle tickets, either by taking away books to sell or by buying them themselves. In total we sold £558 of tickets, which is a fantastic amount! This will help raise much needed funds for the KUGB England Squad.

WELL DONE JOEL -BRONZE YOUNG LEADER

Congratulations to Joel Pollard who has achieved his KUGB Bronze Young Leaders award after assisting Sensei Trish with the junior class on Thursdays over several weeks!



REMINDER! KARATE ON THE BEACH

We are now collecting names for Karate on the Beach, which will be held on Sunday 23rd June at Blyth Beach. All students should have received a letter and sponsor form. If you have not yet had these, please let us know so we can get one to you. Reminder all students who want their lunch paid must raise £10 minimum.

EXTRA COMPETITION TRAINING

We recently held an extra class in preparation of the Sunderland Karate Championships. If you enjoyed this, please let Sensei Jill and Sensei Trish know and they may run another in October!

MAY BONUS BALL WINNERS:

04/05/2019: Beverley Reason (58) 11/05/2019: Lennon McCulloch (16) 18/05/2019: Amy Chisholm (21) 25/05/2019: Samantha Lee (21)

STUDENT OF THE MONTH:

LENNON McCULLOCH



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

NICKY CHISHOLM JAKE COULTAS TEAGAN COULTAS

EMMIE-ANN HENDERSON

JESSICA PEEL

ZOE YOUNG

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 23rd June 2019 12th Annual Karate on the Beach Blyth Beach (meet at Limpet Beach Hut) Training begins at Ilam.

Saturday 29th June 2019 **KUGB National Youth Championships** Queen's Park Sports Centre, Chesterfield Eliminations begin at 10am.

Sunday 14th July 2019 Grading with Sensei Andy Sherry Josephine Butler Campus Full details on the back of this newsletter!

Visit the Events page on our website ashingtonshotokankarate.co.uk for more events throughout 2019.



NORTHUMBERLAND KARATE ACADEMY AND GRADING

TRAINING

Sunday 14th July

SENSEI ANDY SHERRY. 9th DAN

Josephine Butler Campus

CONTACT:

SENSEI JILL KELLY. 6th DAN

07930 324556 jillfkelly@gmail.com

SENSEI TRISH BRUCE, 6th DAN

07801 503179

trishbruce08@hotmail.com

SENSEI IAN WILLIS, 6th DAN

07710 790643 ian4willis@yahoo.co.uk

INSTRUCTOR: Sensei Andy Sherry, 9th Dan

DATE: Sunday 14th July 2019

LOCATION: Josephine Butler Campus,

Northumberland Church of England Academy

Ashington, Northumberland

NE63 9FZ

TRAINING:

10:30am-12:00pm - Green Belts and Above Grading to follow after a short break.

2:00pm-3:15pm - White-Yellow Belts Grading to follow shortly afterwards.

COSTS:

Training and Grading - £25.00 Training Only - £10.00

NOTE: No Training, No Grading

NEXT GRADING: 15th December 2019



WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE. BUT IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR **LICENCE WHEN IT IS DUE!**



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