



ASHINGTON KARATE CLUB

DECEMBER NEWSLETTER

Sensei Jill Kelly, 6th Dan

DECEMBER 2018 NEWS

Sensei Trish Bruce, 6th Dan

 www.ashingtonshotokankarate.co.uk

 enquiries@ashingtonshotokankarate.co.uk

 Ashington Shotokan Karate

 @AshingtonNKA

 ashington_nka

HAPPY NEW YEAR!

An article detailing all of the club's achievements throughout the year can be found on our website and attached to the back of this newsletter, as well as a video on our Facebook and YouTube pages. We hope you all take the time to read/watch these and reflect on what has been a successful year for the club and all of our members. We would like to wish all of our members a Happy New Year and look forward to whatever you will all achieve in 2019!

CHRISTMAS PARTY

On Saturday 8th December we hosted our annual Christmas Party and Presentation Evening at the Miners in Ashington.

We hope everyone had a good night!

Congratulations to the following who received the special awards during the presentation:

Best Overall Senior: Dylan Gibson

Best Overall Junior: Charlotte Reason

Most Improved Senior: Beverley Foster

Most Improved Junior: Ronya Lane

Best Overall Attendance: Jake Coultas

A full gallery of photos can be found on our website.

MORRISONS BAG PACK

Thank you to all our members and families who helped at our bag pack at Morrisons in Morpeth on Sunday 2nd December 2018. We raised a total amount of £642.67! This is a fantastic amount which will help benefit all of our members.

GRADING WITH SENSEI FRANK BRENNAN

Congratulations to everyone who graded on Sunday 16th December with Sensei Frank Brennan, 8th Dan. A total of 99 students graded, with from 48 from Ashington Karate Club, 44 from Northumberland Karate Academy, six from South Beach SKC and one from Newcastle University SKC, and many more attended the event to train with Sensei Brennan.

A full list of results for Ashington Karate Club members can be found on our website. A gallery of photographs from both training sessions and gradings can be found on our website and Facebook page.

JOHN TALBOT FUNDING

Congratulations to Dylan Gibson, Gemma Gibson, Louis Parsons and Evie Ackroyd who have been awarded a grant by the Ashington Leisure Partnership as part of the John Talbot Funding.

We are extremely grateful to the partnership for all their continuous support and thank vice chairman Colin Redpath and clerk Janet Cresswell for presenting the cheques.

DECEMBER BONUS BALL WINNERS:

01/12/2018: Nick Chisholm (3)

08/12/2018: Jackie Dodds (48)

15/12/2018: Nick Chisholm (3)

22/12/2018: Amy Chisholm (1)

29/12/2018: Karen Baird (19)

STUDENT OF THE MONTH:

SAM MAWSON



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

THOMAS BUTLER EMMIE-ANN HENDERSON

AEDÁN CALDWELL SAM MAWSON

CALLUM CALDWELL LOUIS PARSONS

JAKE COULTAS CHARLOTTE REASON

TEAGAN COULTAS KIERON SIMPSON

MELODY DIANG TONY SIMPSON

TONG XIN HE ZOE YOUNG

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 10th February 2019

**KUGB Northern Region Course and AGM
with Sensei Jimmy and Frank Brennan**
CitySpace, Sunderland

10:30am-11:45am (yellow belt and above)

12:00pm-1:30pm (yellow belt and above)

£10 for one or both sessions

2019 Grading Dates:

Sunday 24th March

Sunday 14th July

Sunday 15th December

Visit the Events page on our website
ashingtonshotokankarate.co.uk
2019 EVENTS TO BE ADDED SOON.

Ashington Shotokan Karate Club

A look back at 2018.



2018 has once again been a fun and successful year for Ashington Karate Club!



We started the year with Dylan, Gemma and Niamh all being reselected onto the

KUGB England Squad, with the addition of Evie joining them for the first time. They represented England in two Grand Slams and continued to compete nationally and regionally alongside more club members.

We have had some fantastic results at competitions throughout the year! Dylan, Gemma and Niamh placed third in Adult Team Kata and Denny placed third in kumite at the KUGB National Championships in May,

the highest standard KUGB competition. Denny had some fantastic results in black belt kata categories, being the newest Dan Grade in each final and beating much more experienced opponents. Charlotte also reached the kata final of the KUGB National Youth Championships, a great competition for her first ever final.



The Gateshead Youth Championships was a special day, as all six competitors from the club won at least one gold medal each, including Gemma winning three golds and Denny being awarded Best Overall Competitor! For the first time in a few years we

entered junior team katas at the local and regional competitions; they performed very well and showed good potential for the future.



We have had a special year for Dan Gradings this year. A total of five students passed Shodan – Bev and Thomas in March, Denny in June, and Nathan and Jessica in November. We also had two members pass Senior Dan Gradings this year, the first time this has happened in a few years – Dylan passed 3rd Dan in April and Sensei Trish passed 6th Dan in October! We also hosted three successful kyu gradings this year, where all our members showed great discipline and etiquette.

Another area where we have had success this year is the KUGB Instructor Qualification Programme. Bev achieved her KUGB Assistant Instructor Qualification, Evie and Louis achieved their Gold Young Leaders award, and Abby and Jamie achieved their Silver award. We look forward to more of our members working towards these qualifications in the new year and

putting something back into the club.

The club has taken part in many different fundraising events this year, including bag packs, a stall at Ashington Summer Fayre and of course our annual Karate on the Beach, which had its best turnout to date! Thanks to all of our members who attended these events and helped raise money for the club, including our club committee who voluntarily work hard all year round to help the club, including organising events like our Christmas Party and

Presentation Evening, which ended the year and was enjoyed by all. Jake



was awarded with Best Overall Attendance, Ronya with Most Improved Junior, Charlotte with Best Overall Junior, Bev with Most Improved Senior and Dylan with Best Overall Senior.

We have made a video showing everything the club has achieved throughout the year; this write-up and various pictures can also be viewed on our website in the news articles section.

We would like to wish all our members and their families a happy new year, and look forward to more success to come in 2019!