



# ASHINGTON KARATE CLUB NEWSLETTER

## MARCH

Sensei Jill Kelly, 6<sup>th</sup> Dan

MARCH 2016 NEWS

Sensei Trish Bruce, 5<sup>th</sup> Dan



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### GRADING WITH SENSEI ANDY SHERRY

Congratulations to everyone who graded with Sensei Andy Sherry, 9<sup>th</sup> Dan on Sunday 20<sup>th</sup> March 2016. The full list of results can be found on the website.

There are some excellent photos of everyone on the Facebook page. The album is public, so you do not need Facebook to view these photos.

Have a look, and also study your picture, as often you can see little things that the instructors have been asking you to improve over the past months! These little improvements make a huge difference to your karate. Well done everyone, Sensei Jill is pleased with the overall etiquette and effort from our students, and is also pleased to see some of our black belts and 1<sup>st</sup> Kyus training with their future grading examiner.



### EASTER RAFFLE

Thank you to everyone who bought tickets for our raffle and Easter egg hamper. Congratulations to all winners. The raffle raised a total profit of £71, which will help towards future costs throughout the year.

### JOHN TALBOT FUNDING 2016

Ashington Karate Club would like to give a big thank you to Colin Redpath and the Ashington Leisure Partnership for awarding our three England Squad members Dylan Gibson, Niamh Duddridge and Gemma Gibson with a cheque of £200 each for the second year in a row.

The club was also awarded with a cheque which will go towards activities which will benefit all of our members.

We are all very grateful for this generous award.



### MARCH BONUS BALL WINNERS:

- 05/03/2016: Dorothy Tait (31)
- 12/03/2016: Lynn Gibson (6)
- 19/03/2016: Sensei Trish Bruce (32)
- 26/03/2016: Joanna Davis (44)

### STUDENT OF THE MONTH:

**DANIEL JACKSON**



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

### ATTENDANCE OF THE MONTH:

**JAKE COULTAS**

**GARY COWELL**

**NATHANIEL COWELL**

**LEWIS HUNTER**

**DANIEL JACKSON**

**OLAF ZIEBA**

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

### FORTHCOMING EVENTS:

**Sunday 3<sup>rd</sup> April 2016**

**KUGB Northern Region Kumite Development Squad Tryouts**

*Leeds Trinity University*

11:00am-12:30pm (all grades course)

1:00pm-3:00pm (squad tryout and training)

**Tuesday 3<sup>rd</sup> May 2016**

**Training with Sensei Frank Brennan, 8<sup>th</sup> Dan**  
*Eldon Leisure, Newcastle*

6:30pm-8:00pm (all grades)

8:00pm-8:45pm (brown and black belts)

**Saturday 7<sup>th</sup> May 2016**

**50<sup>th</sup> KUGB National Championships**  
*National Indoor Arena, Birmingham*  
Eliminations start at 10:00am.