



ASHINGTON KARATE CLUB

FEBRUARY NEWSLETTER

Sensei Jill Kelly, 6th Dan

FEBRUARY 2019 NEWS

Sensei Trish Bruce, 6th Dan

 www.ashingtonshotokankarate.co.uk

 enquiries@ashingtonshotokankarate.co.uk

 Ashington Shotokan Karate

 @AshingtonNKA

 ashington_nka

KUGB GRAND SLAM 1 2019

Well done to Dylan Gibson, Gemma Gibson and Denny Shy who represented KUGB England at the Grand Slam today, competing against the Wales, Scotland and Northern Ireland squads. They all performed extremely well to the best of their ability. There are no medals given out at this competition, only the pride of competing for your country. Congratulations to Dylan who made the semi-finals of the Senior Male Kata.



IMPORTANT! BAG PACK – 27TH APRIL

Sensei Jill has managed to secure the club a bag pack at Morrisons in Morpeth on Saturday 27th April. We will be collecting names for time slots nearer the date. Remember that taking part in fundraising now counts towards 50% of our new attendance policy for receiving funding such as competition entries. If you need a reminder of the policy, you can read it on our website (under the 'About' drop down box) or on our notice board, which is out at every class.

UPCOMING GRADING – SUNDAY 24TH MARCH

All details for our upcoming grading with Sensei Frank Brennan can be found on the poster on the back of this newsletter. There are not many classes left until the grading - so we encourage all those hoping to grade to attend and train in a good way, now the half term holidays are over. In order to do well, you need to be consistent in your training as much as possible, and not just cram in the final weeks!

The mock grading will take place on Saturday 9th March. It is important that everyone hoping to receive permission to grade attends this class!

CLUB DATES FOR 2019

The committee are currently planning the club's annual events for this year. Please note the following dates in your diary:

Karate on the Beach:

Sunday 23rd June 2019

Christmas Party and Presentation Evening:

Saturday 7th December 2019

We look forward to seeing everyone at these events this year!

FEBRUARY BONUS BALL WINNERS:

02/02/2019: Nicola Butler (49)

09/02/2019: Jackie Brown (34)

16/02/2019: Paul Pollard (33)

23/02/2019: Charlotte Reason (55)

STUDENT OF THE MONTH:

TONG XIN HE



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

NICOLA BUTLER

LENNON McCULLOCH

THOMAS BUTLER

LOUIS PARSONS

CALLUM CALDWELL

JESSICA PEEL

JAKE COULTAS

PETER PHILLIPS

TEAGAN COULTAS

CHARLOTTE REASON

SOPHIE GORDON

SHAY SUMMERS

EMMIE-ANN HENDERSON

GABBY TORRES

RONYA LANE

RAPHA TORRES

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Tuesday 19th March 2019

Training with Sensei Frank Brennan
Eldon Leisure, Newcastle
6:00pm-8:00pm (all-grades)

Sunday 24th March 2019

Grading with Sensei Frank Brennan
Josephine Butler Campus
All details can be found on the back of this newsletter!

Saturday 6th April 2019

KUGB Liverpool Youth Championships
Firefit Community Centre, Toxteth
Eliminations begin at 11am.

Visit the Events page on our website
ashingtonshotokankarate.co.uk
for more events throughout 2019.



NORTHUMBERLAND KARATE ACADEMY

TRAINING AND GRADING

Sunday 24th March

SENSEI FRANK BRENNAN, 8th DAN

Josephine Butler Campus

CONTACT:

INSTRUCTOR: Sensei Frank Brennan, 8th Dan

DATE: Sunday 24th March 2019

LOCATION: Josephine Butler Campus,
Northumberland Church of England Academy
Ashington, Northumberland
NE63 9FZ

SENSEI JILL KELLY, 6th DAN
07930 324556
jillfkelly@gmail.com

SENSEI TRISH BRUCE, 6th DAN
07801 503179
trishbruce08@hotmail.com

SENSEI IAN WILLIS, 6th DAN
07710 790643
ian4willis@yahoo.co.uk

TRAINING:

10:30am-12:00pm – Green Belts and Above
Grading to follow after a short break.

2:00pm-3:15pm – White-Yellow Belts
Grading to follow shortly afterwards.

COSTS:

Training and Grading – **£25.00**

Training Only – **£10.00**

NOTE: No Training, No Grading

NEXT GRADINGS:

14th July 2019 / 15th December 2019



**WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE, BUT
IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS DUE!
IF YOUR LICENCE IS NOT UP TO DATE YOU WILL NOT BE ABLE TO GRADE**



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