



# ASHINGTON KARATE CLUB

## APRIL NEWSLETTER

Sensei Jill Kelly, 6<sup>th</sup> Dan

APRIL 2019 NEWS

Sensei Trish Bruce, 6<sup>th</sup> Dan

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### LIVERPOOL YOUTH CHAMPIONSHIPS

Well done to our four competitors who travelled to Toxteth to represent the club in the City of Liverpool Youth Championships on Saturday 6<sup>th</sup> April. Clubs from all over the UK and Ireland were in attendance setting a very high standard. Congratulations to Evie Ackroyd placing third and Gemma Gibson placing fourth in the Female Kata!



### SUNDERLAND KARATE CHAMPIONSHIPS

The Sunderland Karate Championships 2019 will take place on Sunday 9<sup>th</sup> June. We encourage all our members to take part local competitions such as this one, which provide a great starting point for those new to competitions.

We will have the entry forms for this competition very soon. The cost for this competition is usually £5 per category (price for this year's entries to be confirmed). To reward those who train regularly and take part in fundraising, the committee will pay half of the entry cost for all students who reach at least 70% attendance and half of the cost for all those who have taken part in fundraising in the last four months. If you reach both of these targets, the committee will pay your full entry fee! If you would like a reminder of our funding policy, it can be read on our website or notice board. More information on upcoming competitions can be found on the back of this newsletter.

### KARATE ON THE BEACH REMINDER

Reminder that Karate on the Beach will take place at Blyth Beach on Sunday 23<sup>rd</sup> June 2019. We will begin taking names very soon!

### MORRISONS BAG PACK

On Saturday 27<sup>th</sup> April we had a bag pack at Morrisons in Morpeth raising funds for the club. Thank you to all club members and parents who supported the event, the generous people who donated, and Morrisons for allowing us to bag pack. We raised £747.07 after a donation to Morrisons charity of choice!

### APRIL BONUS BALL WINNERS:

*06/04/2019: Denny Shy (54)*  
*13/04/2019: Thomas Blackburn (46)*  
*20/04/2019: Evie & Joel (41)*  
*27/04/2019: Betty Robertson (37)*

### STUDENT OF THE MONTH:

**KACEY ALEXANDER**



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

### ATTENDANCE OF THE MONTH:

*THOMAS BLACKBURN*  
*AEDÁN CALDWELL*  
*CALLUM CALDWELL*  
*JAKE COULTAS*  
*TEAGAN COULTAS*  
*SOPHIE GORDON*  
*EMMIE-ANN HENDERSON*  
*LENNON McCULLOCH*  
*LOUIS PARSONS*  
*PETER PHILLIPS*

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

### FORTHCOMING EVENTS:

*Sunday 26<sup>th</sup> May 2019*  
Training with Sensei John and Holly Bruce  
Lakeside Leisure Centre, Killingworth  
10:00am-11:15am (all grades)  
11:15am-12:30pm (all grades)

*Tuesday 4<sup>th</sup> June 2019*  
Training with Sensei Frank Brennan  
Eldon Leisure, Newcastle  
6:30pm-8:00pm (all grades)

*Sunday 14<sup>th</sup> July 2019*  
Grading with Sensei Andy Sherry  
Josephine Butler Campus

Visit the Events page on our website  
[ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)  
for more events throughout 2019.



# ASHINGTON KARATE CLUB

## Competition Dates & Notice



Every year, students from Ashington Karate Club compete in local, regional and national competitions. Ashington Karate Club have a proud record in Kumite, Kata and Team events, at national, regional and world class level. The standard of training at Ashington is exceptionally high and much is expected of the students that train here. We are hoping to build on our strong foundation with new students.

It is important to start competing early to gain experience. However, good results can take years to achieve – something juniors forget when they see our older students competing and winning, they too had many years of just “getting placed” or getting nothing at all.

The committee work hard all year to raise a substantial amount of funds to cover competition entry fees to reward those students who train regularly and help the club with fundraising activities. No other club in the country does this, so we are very lucky at Ashington we have this support when funds are available.

All students with at least 70% attendance will have half of their entry fees paid, and all students who have taken part in fundraising activities will have half of their entry fees paid. Those who reach both of these criteria will have their entire entry fees paid! Our funding policy can be viewed on our website, and is permanently displayed on our notice board so it can be read at any of our classes. Students who do not reach these criteria are still welcome to pay for their own entry fees.

The committee very much appreciate all the hard work and support from our members and their families. Fundraising wouldn't be possible without your continued support. This enables us to raise the funds required for karate events. We especially expect support and help with all fundraising events from those who benefit the most from all the funds that are raised to show their thanks and appreciation to all who work hard to raise the funds. It is important to show an example to lower grades and new competitors what they can achieve when they work alongside the committee to raise the funds needed to enable them to compete.

If students have received competition funding from the committee and they then do not attend or compete in their categories at the event, all entry costs must be refunded to the committee, whatever the reason for not taking part.

Throughout the year there are a range of competitions both locally and nationally. We particularly encourage our students to take part in the local competitions, with the permission of Sensei Jill. Everyone should take advantage of the experience of competing, as it is good preparation for gradings!

### **Sunderland Karate Championships**

*Sunday 9<sup>th</sup> June 2019*  
CitySpace, Sunderland

### **KUGB National Youth Championships [Under 21s Only]**

*Saturday 29<sup>th</sup> June 2019*  
Queen's Park Sports Centre, Chesterfield

### **Gateshead Youth Championships [Under 16s Only]**

*Saturday 13<sup>th</sup> July 2019*  
Elgin Centre, Gateshead

### **KUGB Shotokan Cup [Brown and Black Belts Only]**

*Saturday 7<sup>th</sup> September 2019*  
Queen's Park Sports Centre, Chesterfield

### **KUGB Northern Region Championships**

*Sunday 20<sup>th</sup> October 2019*  
CitySpace, Sunderland

### **KUGB Students Championships [Age 16+ in Full-Time Education Only]**

*Saturday 9<sup>th</sup> November 2019*  
Queen's Park Sports Centre, Chesterfield

**FULL DETAILS OF THESE  
COMPETITIONS CAN BE VIEWED ON  
THE EVENTS PAGE OF OUR WEBSITE.**