



Ashington Karate Club

April Newsletter

April 2015 News

Can you please remember to get your card stamped every session, as before giving permission to grade, Sensei Jill will check your cards to make sure you have good attendance. If you forget your card, it will NOT be stamped twice the next week.

KUG National Championships 2015

Our three England Squad members Dylan Gibson, Niamh Duddridge and Gemma Gibson travelled down to Birmingham over the weekend to compete in the KUGB National Championships. Dylan fought in the 18-20 Male Kumite for the first time and did himself proud fighting confidently against a much bigger and older opponent. Niamh and Gemma both fought well with good spirit and attitude and were unlucky to be beaten.

All three performed well in the kata events with Niamh making it to the semi-finals, where she got a draw against the current World Champion before narrowly missing out on a place in the final. Well done to all three competitors who once again showed the right attitude and did themselves proud.

To finish off the day, Sensei Jill was presented with her certificate for training with the KUGB For over 30 years and the whole club would like to congratulate her for this massive achievement! Sensei Joe Mee, who occasionally teaches at Ashington was also presented with his 30 years certificate, and Collin Schubert, a close friend of Ashington, was presented with his certificate for 40 years of membership.

We would like to congratulate everyone who competed, the standard was very high on the day as always, with some outstanding performances throughout the event. We hope to have more competitors from the club competing next year as win, lose or draw; it is a great experience and a very enjoyable day.

Competition Uniform Notice

If you are planning on representing Ashington Karate Club at any competition in the future, we ask that you wear your club jacket. It gives a sense of team identity, and means that everyone can be recognized by members of other clubs and look part of a squad in photographs.

Forthcoming Karate Events

Saturday 23rd May
FREE Competition Training
 Ashington YMCA
 After Regular Training

Saturday 30th May
KUGB Liverpool Youth Championships
 Firefit Sports Centre, Toxteth

Tuesday 23rd June
Training with Sensei Frank Brennan
 Eldon Leisure
 6:30pm-8:00pm (all grades)

MORE EVENTS CAN BE FOUND ON OUR WEBSITE

EKC

Championships

Congratulations to Niamh Duddridge and Gemma Gibson, who have both been selected to compete for KUGB England in the EKC (English Karate Council) Championships later this month. The EKC is an association made up of the KUGB and other organisations.

Contact Details

We are constantly checking that we have up-to-date contact email addresses and phone numbers for all of our members.

We ask that from now on, when a blanket email and/or text is sent out, that everyone replies with 'Received', to let us know we have the correct details.

Sunderland Karate Championships 2015 Sunday 7th June 2015 – City Space

The entry forms for this popular local competition will be available soon. Entry fees will be paid for by the committee for any students with 75% attendance or more who wish to compete. Anyone who would like to attend this competition should add their name to the entry sheets

We like to encourage our students to try to attend this competition as one of the only local competitions in the area. We are holding a **FREE** competition training on **Saturday 23rd May** for an hour after the regular class is finished to prepare any students who are interested in attending this competition or any more in the future.

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/AshingtonNKA

MONTHLY AWARDS – April 2015

Student of the Month:

Harrison Gent



Attendance of the Month:

Jake Coultas

Luke Davis

James De Vera

Thomas Fitzpatrick

Can you please return the trophies at the end of the month so they can be awarded to another student at the beginning of the following month?

Student of the Month trophies sponsored by Keith Burns and Joe Wood.