



ASHINGTON KARATE CLUB

APRIL NEWSLETTER

Sensei Jill Kelly, 6th Dan

APRIL 2018 NEWS

Sensei Trish Bruce, 5th Dan

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KUGB SPECIAL DAN GRADE COURSE

Congratulations to Dylan Gibson who passed his Sandan (3rd Dan) grading in Chesterfield on Sunday 22nd April with Sensei Andy Sherry (9th Dan), Sensei Bob Poynton (8th Dan) and Sensei Frank Brennan (8th Dan).

Sensei Jill and Sensei Trish would like to congratulate Dylan on this grade. He has worked hard for this and it is most deserved.



KUGB NATIONAL CHAMPIONSHIPS

Nine of our members travelled to Leicester on Saturday 5th May to compete in the 52nd KUGB National Championships.

Congratulations to Dylan Gibson, Niamh Duddridge and Gemma Gibson, who placed third in Adult Team Kata, and Denny Shy, who placed third in Boys Kumite Under 5'.

Also congratulations to Denny Shy, who made the semi-finals of the Children's Kyu Grade Kata, and Dylan and Gemma Gibson who made the quarter-finals of the Senior Male Kata and Senior Female Kata respectively. These are all hotly contested events, with eight sheets of entries each. All our members performed very well in categories which included a very high standard of competitors, and we are very proud of them all for representing our club.

A full gallery of photos can be found on our website.

MORRISONS BAG PACK

On Sunday 29th April 2018 we were bag packing at Morpeth Morrisons to raise money for the club. Thank you to all our club members, families and committee members who gave up their time to help. We raised a total of £780.11 which is a fantastic amount! Thank you to the staff at Morrisons for allowing us to raise funds at their store, and also to the customers for some extremely generous donations.

KARATE ON THE BEACH NOTICE

All of our members should now have received a sponsor form for our 11th annual Karate on the Beach event. If you have not received a form, please speak to a committee member.

The training will start at 11:00am, and take place for approximately one hour. Lunch from Coastline Fish & Chips will then be provided to all students who raise a minimum of £9. After lunch, all our members are invited to take part in fun and games activities. Sensei Jill will give the winner who raises the most sponsorship the choice between a lightweight club gi or a private lesson. Sensei Trish will give the runner up a half an hour private lesson.

APRIL BONUS BALL WINNERS:

07/04/2018: Dawn Mason (33)

14/04/2018: Ashington Karate Club (53)

21/04/2018: Ashington Karate Club (53)

28/04/2018: Dorothy Tait (40)

STUDENT OF THE MONTH:

JESSICA PEEL



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

THOMAS BUTLER
AEDÁN CALDWELL
JAKE COULTAS
TEAGAN COULTAS
MELODY DIANG
DANIEL JACKSON
JESSICA PEEL
PETER PHILLIPS
JOEL POLLARD
ADAM REASON
DENNY SHY
SHAY SUMMERS

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Saturday 26th May 2018
KUGB Liverpool Youth Championships
Firefit Community Hub, Toxteth
Eliminations begin at 11:00am

Sunday 10th June 2018
Sunderland Karate Championships
CitySpace, University of Sunderland
Eliminations begin at 10:00am

Sunday 24th June 2018
Karate on the Beach
Blyth Beach – meet at Limpet Beach Hut
Training begins promptly at 11:00am
Lunch + games after training finishes

Visit the Events page on our website
ashingtonshotokankarate.co.uk
for more events throughout 2018.



ASHINGTON KARATE CLUB

Competition Dates & Notice



Every year, students from Ashington Karate Club compete in local, regional and national competitions. Ashington Karate Club have a proud record in Kumite, Kata and Team events, at national, regional and world class level. The standard of training at Ashington is exceptionally high and much is expected of the students that train here. We are hoping to build on our strong foundation with new students.

It is important to start competing early to gain experience. However, good results can take years to achieve – something juniors forget when they see our older students competing and winning, they too had many years of just “getting placed” or getting nothing at all.

The committee work hard all year to raise a substantial amount of funds to cover competition entry fees. No other club in the country does this, so we are very lucky at Ashington we have this support when funds are available. If students have received competition funding from the committee and they then do not attend or compete in their categories at the event, all entry costs must be refunded to the committee, whatever the reason for not taking part.

All students must have at least 75% attendance for their competition entry fees to be paid, and squad members and established competitors must have at least 85%. Our attendance policy can be viewed on the Committee and Newsletters page of our website.

The committee very much appreciate all the hard work and support from our members and their families. Fundraising wouldn't be possible without your continued support. This enables us to raise the funds required for karate events. We especially expect support and help with all fundraising events from those who benefit the most from all the funds that are raised to show their thanks and appreciation to all who work hard to raise the funds. It is important to show an example to lower grades and new competitors what they can achieve when they work alongside the committee to raise the funds needed to enable them to compete.

If any of our members are interested in becoming part of a team kata, please let Sensei Trish know. A team requires three competitors of a similar age/height and ability. If three members who are interested are suitable together, they may be placed in a team. Anyone who wants to be part of a team kata must be willing to practice with the team before or after the regular class and must travel to attend competitions.

Throughout the year there are a range of competitions both locally and nationally. We particularly encourage our students to take part in the local competitions, with the permission of Sensei Jill. Everyone should take advantage of the experience of competing, as it is good preparation for gradings!

KUGB Liverpool Youth Championships [Under 21s Only]

Saturday 26th May 2018

Firefit Community Centre, Toxteth

Sunderland Karate Championships

Sunday 10th June 2018

CitySpace, Sunderland

KUGB National Youth Championships [Under 21s Only]

Saturday 30th June 2018

Queen's Park Sports Centre, Chesterfield

KUGB Shotokan Cup

[Brown and Black Belts Only]

Saturday 22nd September 2018

Queen's Park Sports Centre, Chesterfield

KUGB Northern Region Championships

Saturday 20th October 2018

CitySpace, Sunderland

**FULL DETAILS OF THESE COMPETITIONS
CAN BE VIEWED ON THE EVENTS PAGE
OF OUR WEBSITE.**