

ASHINGTON SKC MARCH NEWSLETTER

March 2012 News

Well done to all Students who achieved 100% attendance on Saturday mornings and Thursday evenings in February.
(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)

Grading with Sensei Frank Brennan

Congratulations to all students who graded with Sensei Frank Brennan on 25th March 2012. Here are the results:

Ethan Hall – 9th Kyu – Orange Belt
Ralph Ticman – 9th Kyu – Orange Belt
Michaela Timbang – 9th Kyu – Orange Belt
Ethan Cook – 9th Kyu – Orange Belt
Hannah Telford – 7th Kyu – Yellow Belt
Francis Diosolan – 7th Kyu – Yellow Belt
Alexandra Rutherford – 7th Kyu – Yellow Belt
Jay Scott – 7th Kyu – Yellow Belt
Amy Pass – 7th Kyu – Yellow Belt
Ray Cobbedick – 5th Kyu – Purple Belt
Bethany Day – 5th Kyu – Purple Belt
Luke Davis – 5th Kyu – Purple Belt
James Metcalf – 4th Kyu – Purple & White Belt
Tyler Campbell – 2nd Kyu – Brown & White Belt
Abby Robinson – 2nd Kyu – Brown & White Belt
Dominic Crate – 2nd Kyu – Brown & White Belt
Louie Cummings – 1st Kyu – Brown & 2 White Belt

Iceland Bag Packs

Thank you to all students who helped with the Iceland bag packs at Ashington and Morpeth. We raised a total of £460 to help with events and competitions throughout 2012.

*Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address.
In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.*

For more information about the club news, events and photos please visit the club website at ashingtonshotokankarate.co.uk

Forthcoming Karate Events

Tuesday 24th April 2012

Training with Sensei Frank Brennan

Sendai Newcastle - Eldon Square Newcastle upon Tyne
Training Time – 6.30pm – 8.00pm (All Grades)
8.00pm – 9.00pm (Brown & Black Belts Only)

Saturday 5th May 2012

KUGB National Championships

NIA, Birmingham

Saturday 7th July 2012

KUGB National Youth Championships

Queen's Park Sports Centre, Chesterfield

6th-10th August 2012

Lancaster Summer Camp, Lancaster University

Training with the top Senseis in the country.

Competition Notice

Every year, students from Ashington Karate Club compete in regional and national competitions. Ashington Karate Club have a proud record in Kumite, Kata and Team events, at national, regional and world class level. The standard of training at Ashington is exceptionally high and much is expected of the students that train here. We are hoping to build on our strong foundation with new students. It is important to start competing early to gain experience. However, good results can take years to achieve – something juniors forget when they see our former and current older students competing and winning, they too had many years of just “getting placed” or getting nothing at all.

The committee put on a subsidised coach, to help competitors and parents for competitions at Chesterfield, and money raised throughout the year helps with these costs as well as competitor entries. The KUGB National Youth Championships is held at Chesterfield on the 7th July 2012. Anyone wishing to compete or come along, observe and experience a great day out, please see any committee member for details.

Easter Party

The Easter Party was a huge success, thanks to all who attended and took part in the evening's events. A fantastic night was enjoyed by all that attended.

Funds raised on the evening will be used to provide a free session for the student of the month, on the following week from receiving the award during 2012.

Sensei Jill, Sensei Trish and Sensei Keith will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month.
Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

The student to receive this award for March is:

Louie Cummings

STUDENT PROFILE MARCH

DANIEL SMART

March 2012 Student Profile – Daniel Smart

How old are you?

17

How old were you when you started karate?

7

What is your current grade?

2nd Dan Black Belt

How long have you trained at Ashington Karate Club?

10 Years

What inspired you to start karate?

My mam saw an advertisement for the club and encouraged me to go along and try it.

How many hours per week do you train both in and out of the dojo?

4-6

What is your order of preference – Kihon/Kata/Kumite?

Kata, Kumite, Kihon

What is your favourite Kumite technique?

Kizami Tsuki

What is your favourite Kata?

Sochin

Who is your favourite competitor – past or present?

Matt Price

Do you have a goal in karate?

To keep fit and healthy and keep competing (and hopefully winning!)

What are your best competition results?

1st Team Kata, Youth Championships 2010

2nd Children's Kata, National Championships 2010

2nd Boys Black Belt Kata, Youth Championships 2010

1st Boys Brown Belt Kata, Youth Championships 2006

What is your best karate moment?

Achieving my 2nd Dan

What is your favourite food?

Chocolate

What is your favourite film/who is your favourite film star and why?

Taken

What is your favourite TV program?

Anything funny

What is your musical influence?

None

What is your favourite holiday destination?

Tenerife

What is your ambition in life?

To be successful

Who inspires you?

My family

