

ASHINGTON SKC JULY NEWSLETTER

July

Well done to the following Students for achieving 100% attendance on Saturday mornings in July: Philip Campbell, Kieran Constantino, Dominic Crate, Luke Davis, Alex Rutherford, Johnathon Rutherford and Jay Scott

WELL DONE to Niamh Duddridge on gaining her Black Belt at Summer Camp last week

(Please Note: Students that are not at Ashington YMCA due to karate competitions/training events elsewhere are classed as in attendance)

Youth National Championships in Chesterfield

Saturday 2nd July

All competitors showcased ASKC extremely well and are a credit to this karate club

Girls U16 Kata (3rd to 1st Kyu)

| | |
|-----------------|-----------------|
| Niamh Duddridge | 2 nd |
| Maya Burns | 3 rd |
| Gemma Gibson | 4 th |

Girls U16 Kata (Novice to 4th Kyu)

| | |
|---------------|-----------------|
| Abby Robinson | 3 rd |
|---------------|-----------------|

Boys U16 Kata (3rd to 1st Kyu)

| | |
|----------------|-----------------|
| Louie Cummings | 2 nd |
|----------------|-----------------|

Male Kata (U21)

| | |
|-----------|---------------|
| Dan Smart | Semi Finalist |
|-----------|---------------|

Childrens Team Kata

Ashington A Team
(Kyle Duddridge, Dylan Gibson, Alex Ralph) 1st

Girls Kumite (10-11)

| | |
|------------|-----------------------|
| Maya Burns | Joint 3 rd |
|------------|-----------------------|

Boys Kumite (U16) 5' - 5' 5"

| | |
|----------------|---------------|
| Kyle Duddridge | Semi Finalist |
|----------------|---------------|

Other competitors

Philip Campbell, Rebecca Bradburn, Caitlin Birdsey,

For more information about the club news, events and photos please visit the club website at ashingtonshotokankarate.co.uk

Forthcoming Karate Events

Tuesday 6th September

Training with Sensei Frank Brennan

Sendai Newcastle - Eldon Square Newcastle upon Tyne

Training Time - 6.30pm - 8.00pm

Shotokan Karate Championships

Chesterfield

Saturday 24th September

(Brown Belt and above only)

Congratulation to the following students who attained the next grade at the Karate Grading in Alnwick on 17 July

| | | | |
|----------------------|---------------------|---------------------|---------------------|
| Cameron Johnstone | 9 th kyu | Jonathon Rutherford | 9 th kyu |
| Alexandra Rutherford | 9 th kyu | Hannah Telford | 9 th kyu |
| Joshua Hansens | 9 th kyu | Julius Jaucian | 9 th kyu |
| Iona Mills | 8 th kyu | Nathan Lillico | 8 th kyu |
| Bethany Day | 7 th kyu | Luke Davis | 7 th kyu |
| Lewis Bond | 5 th kyu | Abby Robinson | 4 th kyu |
| Dominic Crate | 4 th kyu | Tyler Campbell | 4 th kyu |
| Louie Cummings | 3 rd kyu | Kieran Constantino | 2 nd kyu |
| Gemma Gibson | 1 st kyu | Jake Pickering | 1 st kyu |

Please note – if you have a temporary pass this makes no difference to your training, you may have to take an extra grading before you reach your first Dan. A full pass is like an **A** in a test, a temporary pass is like a **B** in a test.

Apologies if we've missed anyone. Sensei Trish usually supplies this information, and as you all know she is not training or coaching due to injury.

We are considering holding some classes for parents only who may be interested in joining the karate club so that they can share the karate experience with their children!

We are just taking names at the present; the classes will be taken by a senior instructor - be of a short duration - and strictly no children under the age of 16years. When parents put their names down as 'interested' we will ask you to nominate times you would be available to take these 'taster' classes

Please remember to check with Sharon at the registration desk that we hold an up to date telephone and e-mail address.

In exceptional circumstances the class may have to be cancelled at very short notice, so a blanket text and/or email will be issued.

Sensei Jill and Sensei Trish will be awarding a cup to the student that they believe has a good attitude to training with good overall attendance each month.

Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

The student to receive this award for July is:

Philip Campbell