



# ASHINGTON KARATE CLUB

## JULY NEWSLETTER

Sensei Jill Kelly, 6<sup>th</sup> Dan

JULY 2017 NEWS

Sensei Trish Bruce, 5<sup>th</sup> Dan



[www.ashingtonshotokankarate.co.uk](http://www.ashingtonshotokankarate.co.uk)



[enquiries@ashingtonshotokankarate.co.uk](mailto:enquiries@ashingtonshotokankarate.co.uk)



@AshingtonShotokanKarateClub



@AshingtonNKA



ashington\_nka

### GRADING WITH SENSEI FRANK BRENNAN

Congratulations to everyone who graded with Sensei Frank Brennan, 8<sup>th</sup> Dan on 16<sup>th</sup> July 2017. A total of 98 people graded, with 43 from our club.

A special mention to Nathaniel Cowell, Jake Coultas, Cooper Nesbitt and Charlotte Reason, who all achieved a pass and a half!

The full list of results and a gallery of photographs can be found on our website.

### GATESHEAD YOUTH CHAMPIONSHIPS

Well done to our six competitors who took part in the 3<sup>rd</sup> Gateshead Youth Championships on Saturday 15<sup>th</sup> July. Despite a small number of competitors due to our grading with Sensei Frank Brennan the next day, everyone performed well and achieved some fantastic results!

Dylan Gibson – 1<sup>st</sup>, 16-20 Male Kata

Niamh Duddridge – 1<sup>st</sup>, 16-20 Female Kata

Niamh Duddridge – 1<sup>st</sup>, 16-20 Female Kumite

Gemma Gibson, Niamh Duddridge, Dylan Gibson – 1<sup>st</sup>, Team Kata

Dylan Gibson – 2<sup>nd</sup>, 16-20 Male Kumite

Gemma Gibson – 2<sup>nd</sup>, 16-20 Female Kata

Evie Ackroyd – 2<sup>nd</sup>, Girls Kumite Over 5'3"

Joel Pollard – 10-11 Boys Kumite

Gemma Gibson – 3<sup>rd</sup>, 16-20 Female Kumite

Evie Ackroyd – Semi-Finals, Children's Kata 3<sup>rd</sup> Kyu and Above

Charlotte Reason – Semi-Finals, Children's Kata Novice-4<sup>th</sup> Kyu

Dylan Gibson was awarded the Collin Schubert Trophy for Best

Overall Competitor! Full gallery can be viewed on our website.

### REMINDER: SUMMER TRAINING

Reminder that all training is on AS NORMAL over summer.  
NO CLASSES HAVE BEEN CANCELLED.

### NEW YOUNG LEADER AWARDS!

Congratulations to Evan Young and Jamie Armstrong, who have achieved their Bronze Young Leaders Award for 10 hours of helping in the junior class, and Evie Ackroyd, who has achieved her Silver Award for 30 hours. The three were presented with their certificates by Sensei Frank Brennan at our grading on 16<sup>th</sup> July!

### KUGB GRAND SLAM

Well done to Dylan Gibson, Niamh Duddridge and Gemma Gibson who represented KUGB England at the Grand Slam against the national squads of Wales, Scotland and Northern Ireland.

Congratulations to Gemma Gibson, who placed second in the Junior Female Kumite and was then selected to be part of the winning England Team Kumite against Wales!

### B&M BAG PACK

Thank you to everyone who helped with our bag pack at B&M on 23<sup>rd</sup> July. We raised a total of £595.86 for the club!

### JULY BONUS BALL WINNERS:

01/07/2017: Amy Chisholm (5)

08/07/2017: Ian Davis (30)

15/07/2017: Jackie Brown (35)

22/07/2017: Sensei Jill Kelly (36)

29/07/2017: Evie and Joel (41)

### STUDENT OF THE MONTH:

**CALLUM CALDWELL**



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

### ATTENDANCE OF THE MONTH:

**NICKY CHISHOLM**

**JAKE COULTAS**

**GARY COWELL**

**NATHANIEL COWELL**

**BILLY JOBSON**

**LENNON McCULLOCH**

**JESSICA PEEL**

**PETER PHILLIPS**

**LUKE REDPATH**

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

### FORTHCOMING EVENTS:

**Saturday 2<sup>nd</sup> September 2017**

**KUGB Shotokan Cup**

Queen's Park Sports Centre, Chesterfield  
Competition for black and brown belts.

**Tuesday 19<sup>th</sup> September 2017**

**Training with Sensei Frank Brennan**

Eldon Leisure, Newcastle

6:30pm-8:00pm (all grades)

**Sunday 15<sup>th</sup> October 2017**

**KUGB Northern Region Kata Masterclass**

CitySpace, University of Sunderland

11:00am-12:30pm (all grades course)

1:00pm-3:00pm (black belt masterclass)

Visit the Events page on our website

[ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)

for more events throughout 2017.