



ASHINGTON KARATE CLUB FEBRUARY NEWSLETTER

Sensei Jill Kelly, 6th Dan

FEBRUARY 2016 NEWS

Sensei Trish Bruce, 5th Dan



www.ashingtonshotokankarate.co.uk



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Ashington Shotokan Karate



@AshingtonNKA



ashington_nka

KUGB GRAND SLAM – FEBRUARY 2016

Well done to Dylan Gibson, Niamh Duddridge and Gemma Gibson, who represented England in the first KUGB Grand Slam of 2016 at the new Queen's Park Sports Centre on 28th February.

A special congratulations to Niamh, who finished 2nd in the Youth 13-15 Girls Kumite event.

IMPORTANT: LICENCE RENEWALS

Please make sure that your licence is up to date with the grading coming up. If you do not have an up to date licence, you will not be able to grade.

If you are unsure when your licence needs renewed, check with Kay and Connie at the registration desk, and they will be able to give you your details.

Can all white belts make sure that they have a photo in their licence, and other grades make sure the photo is up-to-date. This is important for gradings, when the examiner will refer to the licences.

LEAFLETS

Please let us know if anyone can think of anywhere to hand out leaflets or put up posters in schools or shops to help promote the club.

REMINDER: CHANGES OF VENUE

Reminder that the class on Thursday 24th March will take place at Newbiggin Sports and Community Centre due to school activities taking place at Josephine Butler Classes. All other classes in March will remain as normal.

KYU GRADING – 20TH MARCH 2016

JOSEPHINE BUTLER CAMPUS

Our first kyu grading of 2016 will take place on Sunday 20th March at Josephine Butler Campus. Full details can be found on the poster on the back of this newsletter.

New white belts grading for the first time please note that the training takes place in a different hall to the Thursday night class, so the sports entrance to the school should be used.

The postcode for this entrance is NE63 9RX.

FEBRUARY BONUS BALL WINNERS:

- 30/02/2016: Ashington Karate Club (15)
- 06/02/2016: Lewis Hunter (28)
- 13/02/2016: James Cook (40)
- 20/02/2016: Jacqueline Brown (22)
- 27/02/2016: Ashington Karate Club (24)

STUDENT OF THE MONTH:

GEMMA GIBSON



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

JAKE COULTAS

THOMAS DAVISON

DANIEL JACKSON

BILLY JOBSON

MORGAN RICHARDSON

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 20th March 2016

Grading with Sensei Andy Sherry, 9th Dan
Josephine Butler Campus, NCEA
10:30am-12:00pm (green belts and above)
2:30pm-3:45pm (white-yellow belts)
Gradings to follow shortly after each class.

Tuesday 22nd March 2016

Training with Sensei Frank Brennan, 8th Dan
Eldon Leisure, Newcastle
6:30pm-8:00pm (all grades)

Sunday 3rd April 2016

KUGB Northern Region Kumite Development
Squad Tryouts
Leeds Trinity University
11:00am-12:30pm (all grades course)
1:00pm-3:00pm (squad tryout and training)



NORTHUMBERLAND KARATE ACADEMY

TRAINING AND GRADING

Sunday 20th March

SENSEI ANDY SHERRY, 9th DAN

Josephine Butler Campus

INSTRUCTOR: Sensei Andy Sherry, 9th Dan

DATE: Sunday 20th March 2016

LOCATION: Josephine Butler Campus,
Northumberland Church of England Academy
Ashington, Northumberland
NE63 9RX

CONTACT:

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TRAINING:

10:30am-12:00pm – Green Belts and Above
Grading to follow shortly afterwards.

2:30pm-3:45pm – White-Yellow Belts
Grading to follow shortly afterwards.

COSTS:

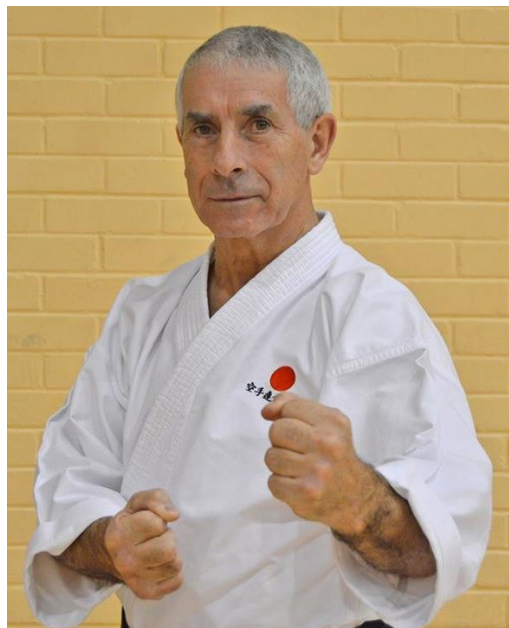
Training and Grading – **£25.00**

Training Only – **£10.00**

NOTE: No Training, No Grading

NEXT GRADINGS:

17th July 2016, 18th December 2016



**WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE, BUT
IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR LICENCE WHEN IT IS DUE!
IF YOUR LICENCE IS NOT RENEWED YOU WILL NOT BE ABLE TO GRADE**



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