



Ashington Karate Club February Newsletter

February 2014 News

Can you all please remember to get your card stamped every session, as before giving you permission to grade, Sensei Jill will check your cards to make sure you have good enough attendance. If you forget your card, it will NOT be stamped twice the next week.

Grading with Sensei Andy Sherry 30th March 2014

On 30th March, we will be holding our kyu grading with Sensei Andy Sherry, 9th Dan.

FULL DETAILS ON BACK OF NEWSLETTER

Competition Notice

Every year, students from Ashington Karate Club compete in regional and national competitions. Ashington Karate Club have a proud record in Kumite, Kata and Team events, at national, regional and world class level. The standard of training at Ashington is exceptionally high and much is expected of the students that train here. We are hoping to build on our strong foundation with new students. It is important to start competing early to gain experience.

However, good results can take years to achieve – something juniors forget when they see our older students competing and winning, they too had many years of just “getting placed” or getting nothing at all.

The committee are hoping to put on a subsidised coach, to help competitors and parents for competitions at Chesterfield, and money raised throughout the year helps with these costs as well as competitor entries. The KUGB National Youth Championships is held at Chesterfield on the 5th July 2014. The KUGB Shotokan Cup (an individual competition for brown and black belts only) is held at Chesterfield on 13th September 2014. The Sunderland Karate Championships will be held on 8th June 2014, and is a great competition for juniors to start competing, as it is local and friendly, as it is not as large as KUGB championships. Everyone should take advantage of the experience of competing, as it is good preparation for gradings! Please let us know as soon as possible if you wish to attend one or both of the Chesterfield competitions so we can hopefully book coaches.

KUGB England Kata Squad

On Saturday 1st February, three members from Ashington YMCA Karate Club were successfully selected onto the KUGB England Kata Squad at the Red Triangle in Liverpool!

“CONGRATULATIONS to Niamh Duddridge and Maya Burns on being selected onto the KUGB England Kata Squad. Dylan Gibson was also reselected onto the Kata Squad. Our club has had a great start to 2014 with two members selected onto both squads; Maya and Niamh!

Kyle Duddridge and Gemma Gibson were also selected onto the Kumite Squad! We have great representation now on the national squads. Everyone will undoubtedly benefit from the extra training with other talented karateka from all over the country and hopefully make great progress throughout this year and make many new friendships.

Well done to everyone on the national squads.”



The KUGB England Kata Squad 2014

Train with the Champions 2014 4th-8th August, Lancaster University

For many years students and instructors from Ashington Karate Club have attended the KUGB Lancaster Karate Summer School. Anyone interested in attending the five-day course please speak to any committee member or Sensei for more information or application forms. This is a good opportunity to train under the top six instructors in the country, and amongst students from many clubs nationwide and abroad.

Website: ashingtonshotokankarate.co.uk

Email: enquiries@ashingtonshotokankarate.co.uk

Facebook: www.facebook.com/AshingtonShotokanKarateClub

Twitter: www.twitter.com/Ashington_Skc

Forthcoming Karate Events

Sunday 2nd March

**KUGB Northern Region Kumite Development
Squad Tryouts**

Leeds Trinity University

11:00am-12:30 (all grades course)

1:00pm-3:00pm (squad selection & training)

Tuesday 11th March

Training with Sensei Frank Brennan

Eldon Square, Newcastle

6:30pm-8:00pm (all grades)

Sunday 30th March

Training and Grading with Sensei Andy Sherry

DETAILS ON BACK OF NEWSLETTER

STUDENT OF THE MONTH

The student to receive this award for February is:



Gemma Gibson



Can you please return it at the end of the month so it can be awarded to another student at the beginning of the following month?

Student of the month trophies sponsored by Sensei Keith and Joe Wood.

MORE IMPORTANT UPCOMING EVENTS ON OUR WEBSITE



Ashington Karate Club

Course and Grading

30th March 2014

Sensei Andy Sherry, 9th Dan

Willowburn Sports Centre, Alnwick

Instructor: Sensei Andy Sherry, 9th Dan

Date: 30th March 2014

(PLEASE NOTE CLOCKS GO FORWARD AN HOUR ON THIS DAY)

Location: Willowburn Sports Centre, Alnwick

Times are as follows:

Training:

10:00am-12:00pm – Black Belts Kata Masterclass
focusing on Gojushiho Sho and Gankaku

12:30pm-2:00pm – Brown Belts and Kyu Grades

Grading:

2:30pm onwards – Junior Grades to be graded first,
followed by Senior Grades.

Estimated Finish time – **5:30pm**

Costs:

Training and Grading – **£21.00**

Training Only – **£10.00**



PLEASE NOTE: No Training, No Grading

**SENSEI JILL WILL HAVE A LICENCE CHECK READY FOR THE
GRADING ON 8th MARCH AT THE SATURDAY MORNING YMCA CLASS
PLEASE REMEMBER TO BRING YOUR LICENCES TO THIS CLASS!**

A current KUGB licence is essential!

For further information please contact

Sensei Jill Kelly, 6th Dan: ☎ 01670 505843 / ☎ 07930 324556

Sensei Ian Willis, 6th Dan: ☎ 01670 523219 / ☎ 07710 790643

Next Gradings 13th July 2014 and 13th December 2014

