



ASHINGTON KARATE CLUB

SEPTEMBER NEWSLETTER

Sensei Jill Kelly, 6th Dan

SEPTEMBER 2019 NEWS

Sensei Trish Bruce, 6th Dan



www.ashingtonshotokankarate.co.uk



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Ashington Shotokan Karate



[ashington_skc](https://www.instagram.com/ashington_skc)

KUGB SHOTOKAN CUP

Well done to our five club members who competed in the KUGB Shotokan Cup (National Individual Championships) in Chesterfield on Saturday 7th September. This competition is for brown and black belts only and everyone performed well. Congratulations to Denny Shy who placed second in both Boys Kata and Boys Kumite Under 5'. Also well done to Dylan Gibson who made the semi-finals in the Senior Male Kata event.



BOWLING TRIP – SUNDAY 10TH NOVEMBER

You all should have heard by now about our bowling trip, which will take place on Sunday 10th November at Strike Bowling in Concordia Leisure Centre in Cramlington. The event will begin at 2:00pm and include one hour of bowling.

We only have 14 places left, so to avoid disappointment, let us know if you will be attending as soon as possible. Please be aware that if your name is on the list and you do not turn up to the event, you will be made to pay for your space.

We hope you can all make it and look forward to you all joining us for this occasion!

DECEMBER GRADING

Our third and final grading of the year will take place on Sunday 15th December. Full details for the event can be found on the back of this newsletter.

Please note that there has been a change of cost for those who pay for their grading on the day. The cost remains £25 for everyone who pays in advance, but those who pay on the day will now be charged £28. We encourage everyone to pay in advance. The cost for training only remains the same at £10. The mock grading will take place on Saturday 30th November. Everyone who is hoping to receive permission to grade are expected to attend the mock grading.

2020 GRADINGS

We can now confirm the dates of our gradings for next year. Please note these in your diaries to avoid any clashes with other activities/holidays!

Sunday 29th March 2020

Sunday 12th July 2020

Sunday 20th December 2020

SEPTEMBER BONUS BALL WINNERS:

07/09/2019: Jackie Brown (22)

14/09/2019: Chris Houston (48)

21/09/2019: Claire Brown (50)

28/09/2019: Nick Sandeman (45)

STUDENT OF THE MONTH:

JAMES DE VERA



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

KACEY ALEXANDER

RONYA LANE

EHSAN BANİYAGHOOB

LOUIS PARSONS

JAKE COULTAS

JESSICA PEEL

TEAGAN COULTAS

PETER PHILLIPS

TONG XIN HE

JOEL POLLARD

VINNIE HENDERSON

ZOE YOUNG

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 13th October 2019

KUGB Northern Region Kata Masterclass

CitySpace, Sunderland

11:00am-12:30pm (all-grades course)

1:00pm-3:00pm (black belt masterclass)

Sunday 20th October 2019

KUGB Northern Region Championships

CitySpace, Sunderland

Eliminations begin at 10:00am

Sunday 27th October 2019

All-Grades Course with Sensei John James

Bruce and Sensei Holly Bruce

Gateshead Leisure Centre

10:00am-11:15am AND 11:15am-12:30pm

Visit the Events page on our website

ashingtonshotokankarate.co.uk



NORTHUMBERLAND KARATE ACADEMY

TRAINING AND GRADING

Sunday 15th December

SENSEI FRANK BRENNAN, 8th DAN

Josephine Butler Campus

CONTACT:

INSTRUCTOR: Sensei Frank Brennan, 8th Dan

DATE: Sunday 15th December 2019

LOCATION: Josephine Butler Campus,
Northumberland Church of England Academy
Ashington, Northumberland
NE63 9FZ

SENSEI JILL KELLY, 6th DAN
07930 324556
jillkelly@gmail.com

SENSEI TRISH BRUCE, 6th DAN
07801 503179
trishbruce08@hotmail.com

SENSEI IAN WILLIS, 6th DAN
07710 790643
ian4willis@yahoo.co.uk

TRAINING:

10:30am-12:00pm – Green Belts and Above
Grading to follow after a short break.

2:00pm-3:15pm – White-Yellow Belts
Grading to follow shortly afterwards.

COSTS:

Training and Grading – **£25.00** (pay in advance by 14th December)

Training and Grading – **£28.00** (pay on the day)

Training only – **£10.00**

NOTE:

No Training, No Grading!

NEXT GRADINGS:

29th March 2020 / 12th July 2020 / 20th December 2020



WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE,
BUT IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR
LICENCE WHEN IT IS DUE!



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