



# ASHINGTON KARATE CLUB

## OCTOBER NEWSLETTER

Sensei Jill Kelly, 6<sup>th</sup> Dan

OCTOBER 2019 NEWS

Sensei Trish Bruce, 6<sup>th</sup> Dan



[www.ashingtonshotokankarate.co.uk](http://www.ashingtonshotokankarate.co.uk)



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Ashington Shotokan Karate



[ashington\\_skc](https://www.instagram.com/ashington_skc)

### KUGB NORTHERN REGION CHAMPIONSHIPS

Well done to all our club members who competed at the KUGB Northern Region Championships in Sunderland on Sunday 20<sup>th</sup> October. Everyone did very well and were a credit to the club. Congratulations to the following who placed in their categories:

Jessica Peel - 1st, Girls Kumite Under 5'3"

Denny Shy - 2nd, Children's Black Belt Kata

Charlotte Reason - 2nd, Children's Brown Belt Kata

Sophie Gordon - 2nd, Girls 10-11 Kumite

Katie Knox - 2nd, Adult Kyu Grade Kata

Dylan, Gemma, Evie - 2nd, Adult Team Kata

Beverley Reason - 3rd, Senior Female Kumite

Denny Shy - 3rd, Boys Kumite Under 5'

Charlotte Reason - 3rd, Children's Ippon Kumite

Gemma, Evie, Frances, Beverley - 3rd, Female Team Kumite

Gemma Gibson - 4th, Female Dan Grade Kata

Callum Caldwell - 4th, Children's Brown Belt Kata

Also congratulations to Dylan Gibson, who made the semi-finals in the Male Dan Grade Kata and Hannah Baird who made the semi-finals in the Children's Brown Belt Kata. A full gallery of photos from the competition can be viewed on our website and social media pages.

### KUGB GRAND SLAM – SUMMER 2019

Congratulations to Dylan Gibson, Gemma Gibson and Denny Shy who represented the England squad in the KUGB Grand Slam against Wales, Scotland and Northern Ireland. Well done to Dylan who placed 4th in Senior Male Kata and Denny who reached the Semi Finals of the Junior Male Kata.

### CHRISTMAS PARTY – 7<sup>TH</sup> DECEMBER

Our annual Christmas Party and Presentation Evening will take place at The Miners in Ashington on Saturday 7<sup>th</sup> December. All club members should receive a letter with full details and raffle tickets to sell. We look forward to seeing everyone there!

### BONUS BALL NUMBERS

Every week we draw our bonus ball after the class, where the winner gets a cash prize of £25. We currently have 11 numbers spare, which cost £1 each per week. If you are interested in having a number, please speak to Kay.

### IMPORTANT: CONTACT DETAIL UPDATES

It is important we hold up-to-date contact details for all our members. We will be handing out forms to some club members to make sure details we hold are current. We also had an issue with the last blanket email ending up in several people's spam folders! Please can everyone add the following addresses to your contact lists to ensure any emails arrive in your inbox:

[dylan@ashingtonshotokankarate.co.uk](mailto:dylan@ashingtonshotokankarate.co.uk)

[enquiries@ashingtonshotokankarate.co.uk](mailto:enquiries@ashingtonshotokankarate.co.uk)

### OCTOBER BONUS BALL WINNERS:

05/10/2019: John Gordon (39)

12/10/2019: Elliot Lewis Ledger (10)

19/10/2019: Lennon McCulloch (16)

26/10/2019: Samantha Lee (21)

### STUDENT OF THE MONTH:

**ZOE YOUNG**



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

### ATTENDANCE OF THE MONTH:

**EVIE ACKROYD**

**JAKE COULTAS**

**TEAGAN COULTAS**

**KATIE KNOX**

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

### FORTHCOMING EVENTS:

*Sunday 17<sup>th</sup> November 2019*

**KUGB FREE Black and Brown Belt Course**  
*CitySpace, Sunderland*

10:30am-12:00pm (brown belts)

12:00pm-1:30pm (black belts)

*Saturday 7<sup>th</sup> December*

**Christmas Party and Presentation Evening**  
*The Miners, Ashington*  
6:00pm-11:00pm

*Sunday 15<sup>th</sup> December 2019*

**Grading with Sensei Frank Brennan**  
*Josephine Butler Campus, NCEA*

Full details on the back of this newsletter.

Visit the Events page on our website  
[ashingtonshotokankarate.co.uk](http://ashingtonshotokankarate.co.uk)  
for more events throughout 2019.



# NORTHUMBERLAND KARATE ACADEMY

## TRAINING AND GRADING

Sunday 15<sup>th</sup> December

SENSEI FRANK BRENNAN, 8<sup>th</sup> DAN

Josephine Butler Campus

### CONTACT:

**INSTRUCTOR:** Sensei Frank Brennan, 8<sup>th</sup> Dan

**DATE:** Sunday 15<sup>th</sup> December 2019

**LOCATION:** Josephine Butler Campus,  
Northumberland Church of England Academy  
Ashington, Northumberland  
NE63 9FZ

**SENSEI JILL KELLY, 6<sup>th</sup> DAN**  
07930 324556  
jillfkelly@gmail.com

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07801 503179  
trishbruce08@hotmail.com

**SENSEI IAN WILLIS, 6<sup>th</sup> DAN**  
07710 790643  
ian4willis@yahoo.co.uk

### TRAINING:

10:30am-12:00pm – Green Belts and Above  
Grading to follow after a short break.

2:00pm-3:15pm – White-Yellow Belts  
Grading to follow shortly afterwards.

### COSTS:

Training and Grading – **£25.00** (pay in advance by 14<sup>th</sup> December)

Training and Grading – **£28.00** (pay on the day)

Training only – **£10.00**

### NOTE:

No Training, No Grading!

### NEXT GRADINGS:

29<sup>th</sup> March 2020 / 12<sup>th</sup> July 2020 / 20<sup>th</sup> December 2020



WE ARE CONSTANTLY CHECKING THAT ALL LICENCES ARE IN DATE,  
BUT IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU RENEW YOUR  
LICENCE WHEN IT IS DUE!



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