

ASHINGTON KARATE CLUB SEPTEMBER NEWSLETTER

Sensei Jill Kelly, 6th Dan

SEPTEMBER 2015 NEWS

Sensei Trish Bruce, 5th Dan



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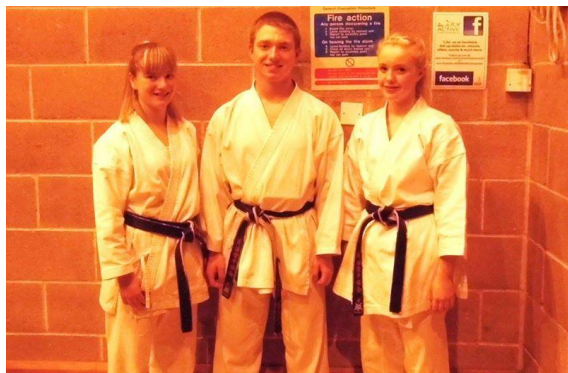
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KUGB Shotokan Cup 2015

Well done to our three England Squad members, who travelled to Chesterfield to compete in the 40th KUGB Shotokan Cup. Congratulations to Niamh Duddridge for coming 2nd in the Girls Over 5'3" Kumite. Also well done to Dylan Gibson and Niamh Duddridge for reaching the semi-finals in their Kata categories.

"Well done to Niamh for runner up position in the under 16 kumite category at the Shotokan Cup - a good confidence booster for the Worlds next month. I understand our other competitors of Gemma and Dylan also did well, and that is all I can ask of you, that you do your best."

~Sensei Jill



KUGB NORTHERN REGION CHAMPIONSHIPS 24TH OCTOBER 2015

This year's KUGB Northern Region Championships takes place on Saturday 24th October 2015 at City Space in Sunderland.

This is one of the few competitions that is held locally, and the only one that is an official KUGB competition, so we encourage all our students to try and attend this competition.

GRADING DATES 2016

The grading dates for 2016 have been confirmed. Please note that times and venues may be subject to change.

Sunday 20th March 2016

Sunday 17th July 2016

Sunday 18th December 2016

SEPTEMBER BONUS BALL WINNERS:

- *05/09/2015:* Dawn Duddridge (17)
- *12/09/2015:* Karen Baird (19)
- *19/09/2015:* Mrs DeVera (20)
- *26/09/2015:* Ashington Karate Club (15)

STUDENT OF THE MONTH:

BILLY JOBSON



Can you please return the trophy at the end of the month so it can be awarded to another student at the beginning of the following month?

ATTENDANCE OF THE MONTH:

JAKE COULTAS

NATHANIEL COWELL

BILLY JOBSON

LOUIS PARSONS

EVAN YOUNG

OLAF ZIEBA

This award is given to all students who have had full attendance at both the Thursday and Saturday class throughout the month.

FORTHCOMING EVENTS:

Sunday 18th October 2015

Northern Region All-Grades Course and Kata Masterclass

City Space, Sunderland

11:00am-12:30pm (all grades course)
1:00pm-3:00pm (black belt masterclass)

Saturday 24th October 2015

KUGB Northern Region Championships

City Space, Sunderland

Doors open 9:00am

Tuesday 10th November 2015

Training with Sensei Frank Brennan, 8th Dan

Eldon Leisure, Newcastle

6:30pm-8:00pm (all grades)
8:00pm-8:45pm (brown and black belts)